

TREMFYA® (guselkumab)

How do I use TREMFYA 200mg/2mL Prefilled PEN?

Important information you need to know before injecting with TREMFYA PEN¹

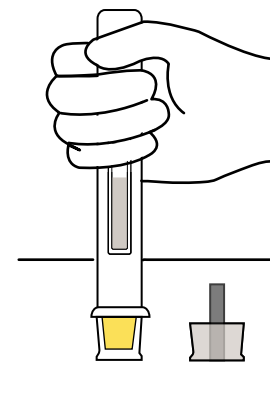
 TREMFYA PEN comes as a **single-dose** Prefilled Pen containing one **200 mg dose**.

 **Your healthcare provider will tell you if you will need to use 1 or 2 TREMFYA PEN(s).**

 If your healthcare provider decides that you or a caregiver may be able to give your injections with TREMFYA PEN at home, you should **receive training on the correct way to prepare and inject** TREMFYA PEN before using it.

 Read the complete **INSTRUCTIONS FOR USE** before using your TREMFYA PEN and each time you get a new TREMFYA PEN. There may be new information. This information does not take the place of talking with your healthcare provider about your medical condition or treatment.

 Each TREMFYA PEN can only be used **one time**. Throw the used TREMFYA PEN away (see **How should I dispose of TREMFYA PEN?**) after one dose, even if there is still medicine left in it. **Do not reuse** your TREMFYA PEN.



How should I store TREMFYA PEN?¹



Store in refrigerator **between 36°F and 46°F (2°C to 8°C)**



Do not freeze your TREMFYA PEN



Do not shake your TREMFYA PEN



Keep your TREMFYA PEN and all medicines out of reach of children



Keep your TREMFYA PEN in the original carton to protect it from light and physical damage

How should I use TREMFYA PEN?¹



Use TREMFYA exactly as your healthcare provider tells you to.

You will need these supplies:



200 mg dose

1 pen



400 mg dose

2 pens

1 or 2 TREMFYA PEN(s) based on the dose prescribed by your Healthcare Provider



Alcohol swabs



Cotton balls or gauze pads



Adhesive bandages



Sharps container

Not provided in the carton

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Prepare for your injection¹

STEP 1: Get ready

200 mg dose
1 Pen

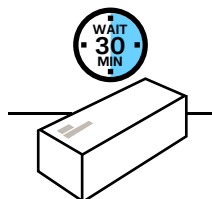


400 mg dose
2 Pens



Check your prescribed dose to see if you will need to use 1 or 2 TREMFYA PEN(s)

STEP 2: Inspect carton



Remove the carton(s) from the refrigerator.

Check the expiration date ('EXP') date.

Do not use TREMFYA PEN if the expiration date has passed or if the seal on the carton is broken.

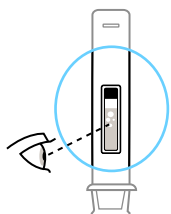
Contact your healthcare provider or pharmacist for a new TREMFYA PEN.

Allow TREMFYA PEN to come to room temperature.

Let the carton(s) sit on a flat surface at room temperature for approximately **30 minutes** before use.

Do not warm the TREMFYA PEN(s) any other way.

STEP 3: Inspect TREMFYA PEN



Check the liquid in the viewing window.

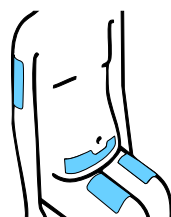
It should be **clear and colorless to slightly yellow** and may contain tiny white or clear particles. You may also see air bubbles. This is normal.

Do not inject if the liquid

- is cloudy
- is discolored
- has large particles

Contact your healthcare provider or pharmacist for a new TREMFYA PEN.

STEP 4: Choose injection site



Select from the following areas for injection:

- **Front of thighs**
- **Lower stomach** area (lower abdomen), except for a 2-inch area right around your navel (belly-button)
- **Back of upper arms** (only if someone else is giving you the injection)

If you need to give 2 injections to complete your dose, choose different areas or leave at least 2 inches between injection sites.

Do not inject into skin that is tender, bruised, red, scaly, thick, or hard.

Avoid areas with scars or stretch marks.

STEP 5: Wash hands and clean injection site



Wash your hands well with soap and warm water.

Wipe your chosen injection site with an alcohol swab and allow it to dry.

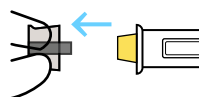
Do not touch, fan, or blow on the injection site after you have cleaned it.

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Inject TREMFYA PEN¹

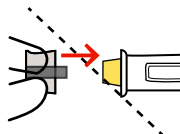
STEP 6: Remove the cap when you are ready to inject



Do not touch the yellow needle guard. This may start the injection, and you will not receive the dose.

Pull the cap straight off. It is normal to see a few drops of liquid.

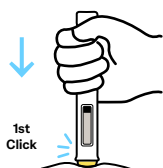
Inject TREMFYA PEN within 5 minutes of removing the cap.



Do not put the cap back on as this may damage the needle.

Do not use your TREMFYA PEN if it is dropped after removing the cap. Contact your healthcare provider or pharmacist for a new TREMFYA PEN.

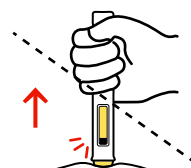
STEP 7: Position TREMFYA PEN straight onto injection site, then push and hold



Position your TREMFYA PEN straight onto the injection site, with the yellow needle guard against the skin and the viewing window facing you.

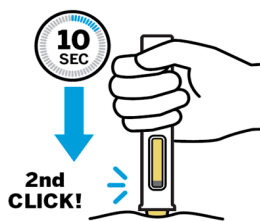
Press down on TREMFYA PEN and keep holding it down against the skin.

You will hear the first click.

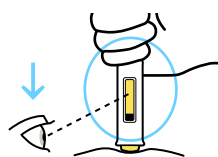


Do not lift your TREMFYA PEN during injection. If you do, the yellow needle guard will lock, and the full dose will not be delivered.

STEP 8: Keep holding your TREMFYA PEN firmly against the skin for about 10 seconds to hear a second click



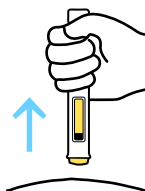
STEP 9: Confirm injection is complete



Keep holding firmly against the skin and confirm your injection is complete.

Your injection is complete when the plunger rod stops moving and fills the viewing window.

STEP 10: Lift straight



If your prescribed dose requires two injections, repeat steps 3 to 10 with the second TREMFYA PEN.

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After your injection¹

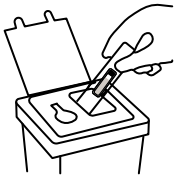
STEP 1: Check injection site



There may be a small amount of blood or liquid at the injection site. Gently hold pressure over the injection site with a cotton ball or gauze pad until any bleeding stops.

Do not rub the injection site. If needed, cover the injection site with a bandage.

STEP 2: Dispose of your TREMFYA PEN and cap



Put your used TREMFYA PEN and cap in an FDA-cleared sharps disposal container right away after use.

Do not throw away (dispose of) your TREMFYA PEN in your household trash.

Do not recycle your used sharps disposal container.

How should I dispose of TREMFYA PEN?¹

- If you do not have an FDA-cleared sharps disposal container, you may use a household container that is:



made of heavy-duty plastic



leak-resistant



upright and stable during use



properly labeled to warn of hazardous waste inside the container



can be closed with a tight-fitting, puncture-resistant lid, without sharps being able to come out

- Follow your community guidelines for the right way to dispose of your sharps disposal container.
- Check your state or local laws about how you should throw away used needles and syringes.
- For more information about safe sharps disposal, and for specific information about sharps disposal in the state that you live in, go to the FDA's website at: www.fda.gov/safesharpsdisposal. You may also consult your pharmacist.

This information is provided ONLY in response to your request and is not intended as medical advice, to promote the use of our product, or suggest using it in any manner other than as described in the PRESCRIBING INFORMATION. All decisions regarding your medical treatment should be made with your healthcare professional(s). Please contact your healthcare professional(s) to discuss the information in this response.

Please refer to the attached full PRESCRIBING INFORMATION, INSTRUCTIONS FOR USE and the MEDICATION GUIDE for TREMFYA.¹

¹ TREMFYA (guselkumab) [Prescribing Information]. Horsham, PA: Janssen Biotech, Inc;

<https://www.janssenlabels.com/package-insert/product-monograph/prescribing-information/TREMFYA-pi.pdf>.