

TREMFYA® (guselkumab)

How do I use TREMFYA 200 mg/2 mL prefilled syringe?

Important information you need to know before injecting TREMFYA¹



TREMFYA comes as a single-dose prefilled syringe containing one **200 mg dose**.



If your healthcare provider decides that you or a caregiver may be able to give your injections with TREMFYA at home, you should **receive training on the correct way to prepare and inject** TREMFYA before using the prefilled syringe.



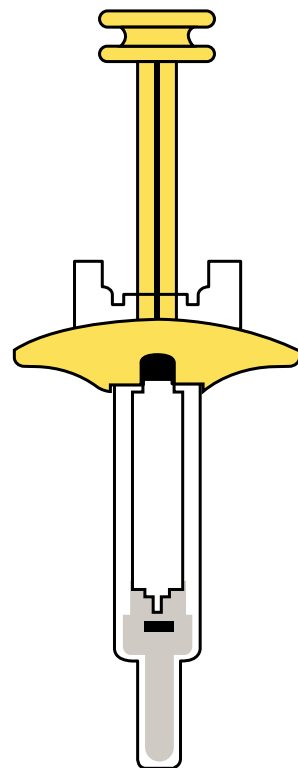
Read the complete **INSTRUCTIONS FOR USE** before using your TREMFYA prefilled syringe and each time you get a new refill. There may be new information. This information does not take the place of talking with your healthcare provider about your medical condition or treatment.



Each TREMFYA prefilled syringe can only be used one time. Throw the used prefilled syringe away (see **How should I dispose of TREMFYA prefilled syringe?**) after one dose, even if there is still medicine left in it. **Do not** reuse your TREMFYA prefilled syringe.



The TREMFYA prefilled syringe is intended for injection under the skin and not into the muscle or vein. After injection, the needle will retract into the device and lock into place.



How should I store TREMFYA prefilled syringe?¹



Store in refrigerator **between 36°F to 46°F** (2°C to 8°C)



Do not freeze your TREMFYA prefilled syringe



Do not shake your TREMFYA prefilled syringe



Keep your TREMFYA prefilled syringe and all medicines out of reach of children



Keep your TREMFYA prefilled syringe in the original carton to protect from light and physical damage

How should I use TREMFYA prefilled syringe?¹



Use TREMFYA prefilled syringe exactly as your healthcare provider tells you to.

You will need the following supplies:



200 mg dose
1 prefilled syringe

400 mg dose
2 prefilled syringes

1 or 2 prefilled syringe(s) based on the dose prescribed by your Healthcare Provider



Alcohol swabs



Cotton balls or gauze pads



Adhesive bandages



Sharps container

Not provided in the carton

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How do I use TREMFYA 200 mg/2 mL prefilled syringe?

Prepare for your injection¹

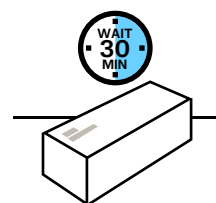
STEP 1: Get ready

 200 mg dose
1 prefilled syringe

 400 mg dose
2 prefilled syringes

Check your prescribed dose to see if you will need to use 1 or 2 TREMFYA prefilled syringe(s)

STEP 2: Inspect carton



Remove your TREMFYA prefilled syringe carton(s) from the refrigerator.

Check the expiration (“EXP”) date.

Do not use the TREMFYA prefilled syringe if the expiration date has passed or if the seal on the carton is broken.

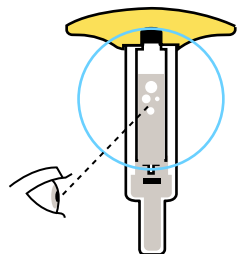
Contact your healthcare provider or pharmacist for a new TREMFYA prefilled syringe.

Allow TREMFYA prefilled syringe to come to room temperature

Let the carton(s) sit on a flat surface at **room temperature** for about **30 minutes** before use.

Do not warm the TREMFYA prefilled syringe any other way.

STEP 3: Inspect TREMFYA



Take the prefilled syringe out of the carton.

Check the liquid in the viewing window.

It should be **clear and colorless to slightly yellow** and may contain tiny white or clear particles. You may also see air bubbles. This is normal.

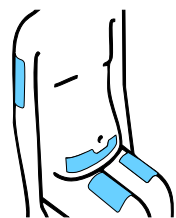
Do not use the prefilled syringe if it is dropped.

Do not inject if the liquid

- is cloudy
- is discolored
- has large particles

Contact your healthcare provider or pharmacist for a new TREMFYA prefilled syringe.

STEP 4: Choose injection site



Select from the following areas for injection:

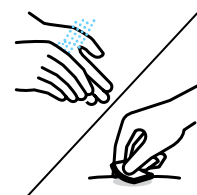
- **Front of thighs**
- **Lower stomach area** (lower abdomen), except for a 2-inch area right around your navel (belly-button)
- **Back of upper arms** (only if someone else is giving you the injection)

Do not inject into skin that is tender, bruised, red, scaly, thick, or hard.

Avoid areas with scars or stretch marks.

In case you need to give 2 injections to complete your dose, choose different areas or leave at least 2 inches between the injection sites.

STEP 5: Wash hands and clean injection site



Wash your hands well with soap and warm water.

Wipe your chosen injection site with an alcohol swab and allow it to dry.

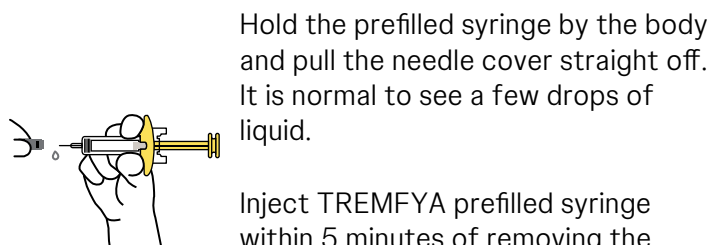
Do not touch, fan, or blow on the injection site after you have cleaned it.

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Inject TREMFYA prefilled syringe¹

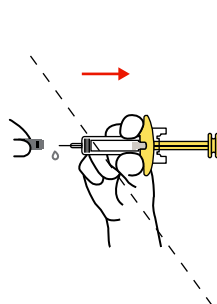
STEP 6: Remove needle cover when you are ready to inject



Hold the prefilled syringe by the body and pull the needle cover straight off. It is normal to see a few drops of liquid.

Inject TREMFYA prefilled syringe within 5 minutes of removing the needle cover.

Do not touch the needle or let it touch any surface.

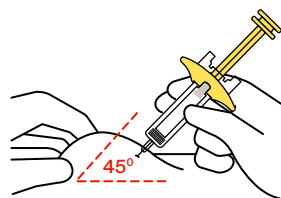


Do not put the needle cover back on, as this may damage the needle or cause a needle stick injury.

Do not use your TREMFYA prefilled syringe if it is dropped. Contact your healthcare provider or pharmacist for a new prefilled syringe.

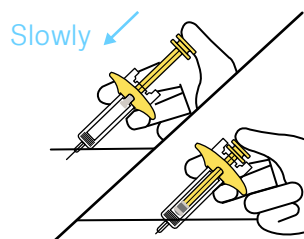
Do not hold or pull the plunger at any time.

STEP 7: Pinch injection site and insert needle at about a 45-degree angle



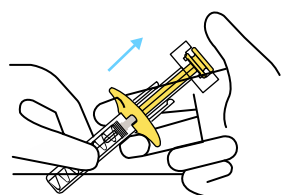
It is important to pinch enough skin to inject under the skin and not into muscle. Insert needle with a quick dart-like motion.

STEP 8: Slowly press plunger all the way down until it stops to inject all of the liquid



You will feel some resistance as you press the plunger, this is normal.

STEP 9: Release pressure from plunger to remove the needle from the skin



The needle will retract into the device and lock into place.

If your prescribed dose requires 2 injections, repeat Steps 3 through 9 with the second prefilled syringe.

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After your injection¹

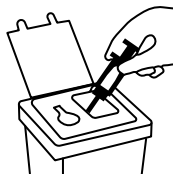
STEP 1: Check injection site



There may be a small amount of blood or liquid at the injection site. Gently hold pressure over the injection site with a cotton ball or gauze pad until any bleeding stops.

Do not rub the injection site. If needed, cover the injection site with a bandage.

STEP 2: Dispose of your TREMFYA prefilled syringe



Put your used TREMFYA prefilled syringe in an Food and Drug Administration (FDA) -cleared sharps disposal container right away after use.

Do not throw away (dispose of) your TREMFYA prefilled syringe in your household trash.

Do not recycle your used sharps disposal container.

How should I dispose of TREMFYA prefilled syringe?¹

- If you do not have an FDA-cleared sharps disposal container, you may use a household container that is:



made of heavy-duty plastic



leak-resistant



upright and stable during use



properly labeled to warn of hazardous waste inside the container



able to be closed with a tight-fitting, puncture-resistant lid, without sharps being able to come out

- Follow your community guidelines for the right way to dispose of your sharps disposal container.
- Check your state or local laws about how you should throw away used needles and syringes.
- For more information about safe sharps disposal, and for specific information about sharps disposal in the state that you live in, go to the FDA website at: www.fda.gov/safesharpsdisposal. You may also consult your pharmacist.
- Need help? Call your healthcare provider to talk about any questions you may have. For additional assistance or to share your feedback, call 800-526-7736.

This information is provided ONLY in response to your request and is not intended as medical advice, to promote the use of our product, or suggest using it in any manner other than as described in the PRESCRIBING INFORMATION. All decisions regarding your medical treatment should be made with your healthcare professional(s). Please contact your healthcare professional(s) to discuss the information in this response.

Please refer to the attached full PRESCRIBING INFORMATION, INSTRUCTIONS FOR USE, and the MEDICATION GUIDE for TREMFYA.¹

1. TREMFYA® (guselkumab) [Prescribing Information]. Horsham, PA: Janssen Biotech, Inc.; <https://www.janssenlabels.com/package-insert/product-monograph/prescribing-information/TREMFYA-pi.pdf>.