

ICOTYDE™ (icotrokinra)

How should I take ICOTYDE™?

The recommended dose of ICOTYDE for adults and children (12 years of age and older who weigh at least 88 pounds [40 kg]) with moderate-to-severe plaque psoriasis who may benefit from taking injections or medicines by mouth (systemic therapy) or treatment using ultraviolet or UV light (phototherapy) is **200 mg taken by mouth once a day**.¹



Take ICOTYDE exactly how your healthcare provider tells you to take it.



Take ICOTYDE once daily when you wake up on an empty stomach with water.



Swallow ICOTYDE tablets whole. **Do not** crush, split, or chew ICOTYDE tablets.



Wait **at least 30 minutes** after taking ICOTYDE before eating food.

If you miss a dose of ICOTYDE, take the dose as soon as you remember and go back to your regular schedule the next day.

This information is provided ONLY in response to your request and is not intended as medical advice, to promote the use of our product, or suggest in any manner other than as described in the PRESCRIBING INFORMATION. All decisions regarding your medical treatment should be made with your healthcare professional(s). Please contact your healthcare professional(s) to discuss the information in this response.

Please refer to the attached full PRESCRIBING INFORMATION and the MEDICATION GUIDE for ICOTYDE.¹

1. ICOTYDE (icotrokinra) [Prescribing Information]. Horsham, PA: Janssen Biotech, Inc;

<https://www.jnlabs.com/package-insert/product-monograph/prescribing-information/ICOTYDE-pi.pdf>

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How should I take ICOTYDE™?¹

If you cannot swallow ICOTYDE tablets whole:



- Place one ICOTYDE tablet in a cup containing at least 120 mL (4 ounces) of water.
- Wait a few minutes for the tablet to break up (disperse) in the water.

The tablet may not completely disperse. The mixture may look yellow, milky, or cloudy. Small pieces may be seen in the water, which are safe to swallow.



- Gently swirl the cup before swallowing the mixture.



- Add at least 120 mL (4 ounces) of additional water to the cup.
- Completely swallow all of the mixture to make sure that you take your full dose of ICOTYDE.



- Take the ICOTYDE and water mixture within 15 minutes of preparation.

If you miss a dose of ICOTYDE, take the dose as soon as you remember and go back to your regular schedule the next day.

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