

Characteristics, treatment patterns and outcomes of patients with pulmonary arterial hypertension by race: real-world data from the combined OPUS/OrPHeUS studies

Vallerie V. McLaughlin¹, Richard Channick², Lana Melendres-Groves³, Kelly M. Chin⁴, Gwen MacDonald⁵, Nicolas Martin⁶, Rose Ong⁷, Marinella Sandros⁸, Nick H. Kim⁹

¹University of Michigan, Ann Arbor, MI, USA. ²David Geffen School of Medicine at UCLA, Los Angeles, CA, USA. ³University of New Mexico, Albuquerque, NM, USA. ⁴UT Southwestern Medical Center, Dallas, TX, USA. ⁵Actelion Pharmaceuticals Ltd, a Johnson & Johnson Company, Global Medical Affairs, Allschwil, Switzerland. ⁶Actelion Pharmaceuticals Ltd, a Johnson & Johnson Company, Statistics & Decision Sciences, Allschwil, Switzerland. ⁷Actelion Pharmaceuticals Ltd, a Johnson & Johnson Company, Global Epidemiology, Allschwil, Switzerland. ⁸Actelion Pharmaceuticals US, Inc., a Johnson & Johnson Company, US Medical Affairs, Titusville, NJ, USA. ⁹University of California San Diego, La Jolla, CA, USA.



Financial Disclosure

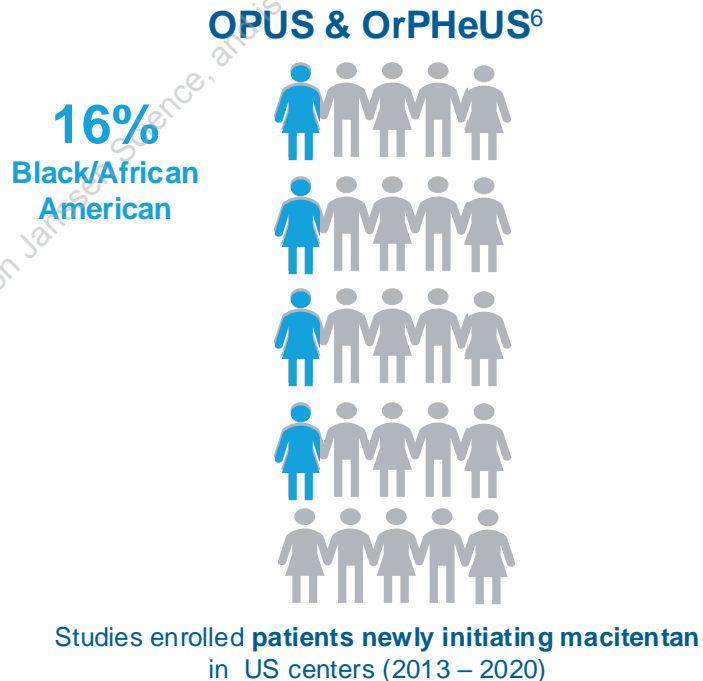
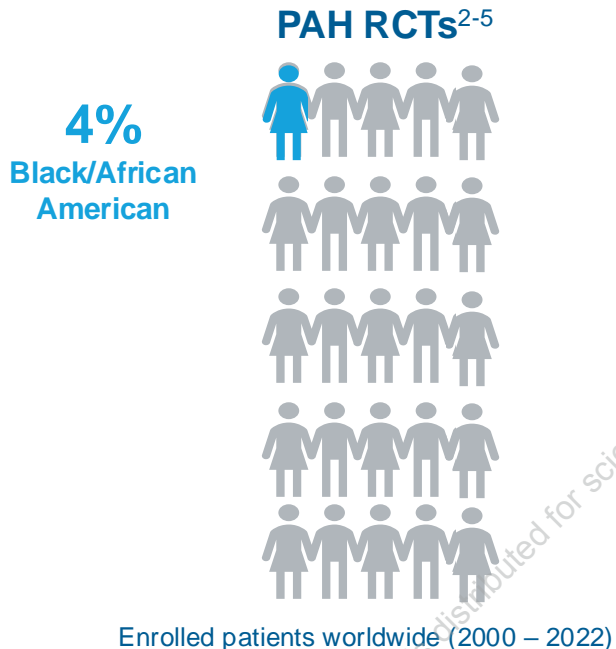
- I have served as a Scientific Committee member for Johnson & Johnson; received research grants from Aerovate, Altavant, Gossamer Bio, Johnson & Johnson, Merck, and SoniVie; and received consultant fees from Aerami, Aerovate, Altavant, Bayer, Caremark, Corvista, Gossamer Bio, Johnson & Johnson, L.L.C, Merck and United Therapeutics.



Background

Racial minorities are under-represented in most PAH clinical studies

Data from the 2020 Census¹ records **12.4%** of the US population identified as **Black/African American**



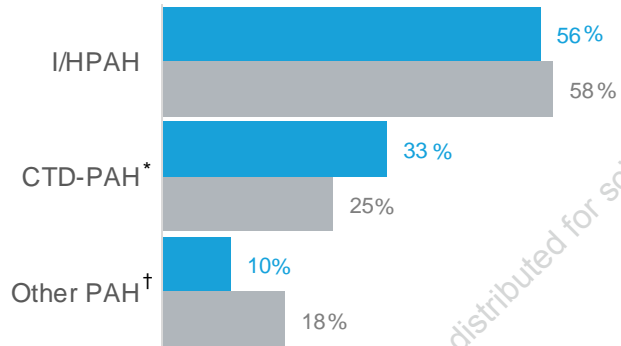
OPUS was a prospective registry (NCT02126943); OrPHeUS was a retrospective chart review (NCT03197688). PAH: pulmonary arterial hypertension; RCT: randomized controlled trial. 1. Jones N, *et al.* 2021 Source: <https://www.census.gov/library/stories/2021/08/improved-race-ethnicity-measures-reveal-united-states-population-much-more-multiracial.html> accessed 03.09.2024; 2. Contreras J, *et al.* *J Clin Med* 2024; 13:285; 3. Chin KM, *et al.* *JACC* 2021; 78:1393-403; 4. Grünig E, *et al.* *JACC* 2024; 83:473-84; 5. Hoepfer MM, *et al.* *N Engl J Med* 2023; 388:1478-90; 6. McLaughlin VV, *et al.* *Pulm Circ* 2022; 12:e12150.



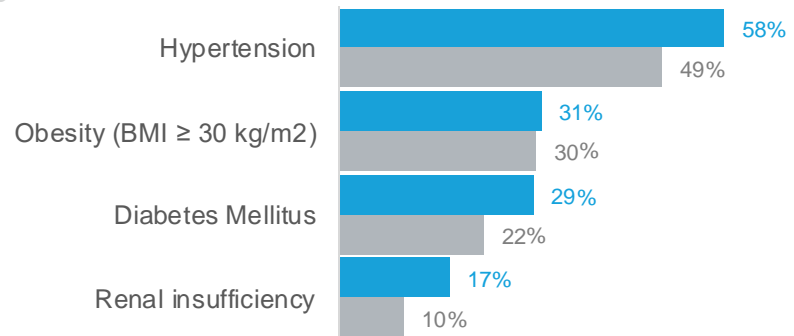
OPUS/OrPHeUS patient population: demographics

	Median age at diagnosis	Proportion female	Median time from diagnosis to macitentan initiation	Proportion with baseline PAH-specific therapy
Black/African American (N=752)	57 years (Q1=47, Q3=66)	82%	8.4 months (Q1=1.5, Q3=36.3)	62.5%
White (N=3484)	61 years (Q1=48, Q3=71)	74%	7.4 months (Q1=1.3, Q3=40.3)	62.5%

PAH etiology



Relevant medical history at or before macitentan initiation



*CTD-PAH subtype breakdown for Black/African American and White patients respectively: systemic sclerosis/scleroderma: 13%, 17%; systemic lupus erythematosus: 7%, 2%; Mixed CTD: 6%, 2%; Other: 7%, 4%. †In Black/African American and White patients respectively, includes: 3% and 6% congenital heart disease associated-PAH; 3% and 6% drug/toxin-induced-PAH; 2% and 5% portopulmonary hypertension; 2% and 0.5% patients with HIV-PAH; 0.3% and 0.4% "Other PAH etiology". Percentages may not add up to 100% due to rounding. BMI: body mass index; CTD-PAH: PAH associated with connective tissue disease; I/HPAH: idiopathic/heritable PAH; PAH: pulmonary arterial hypertension; Q1,Q3: interquartile range.



OPUS/OrPHeUS patient population: baseline disease characteristics

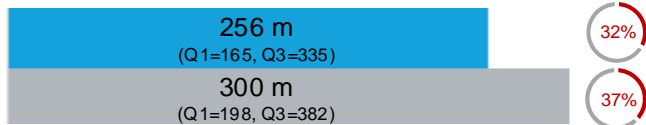
■ Black/African American (N=752) ■ White (N=3484)

Functional Parameters

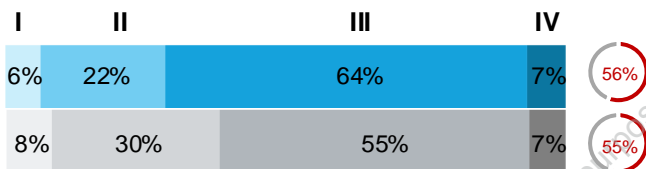
Patients with available data



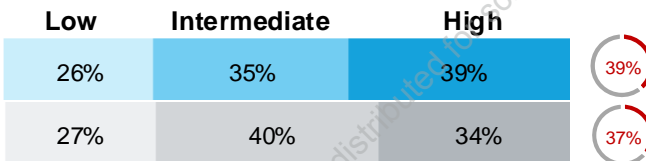
Median 6MWD



WHO FC



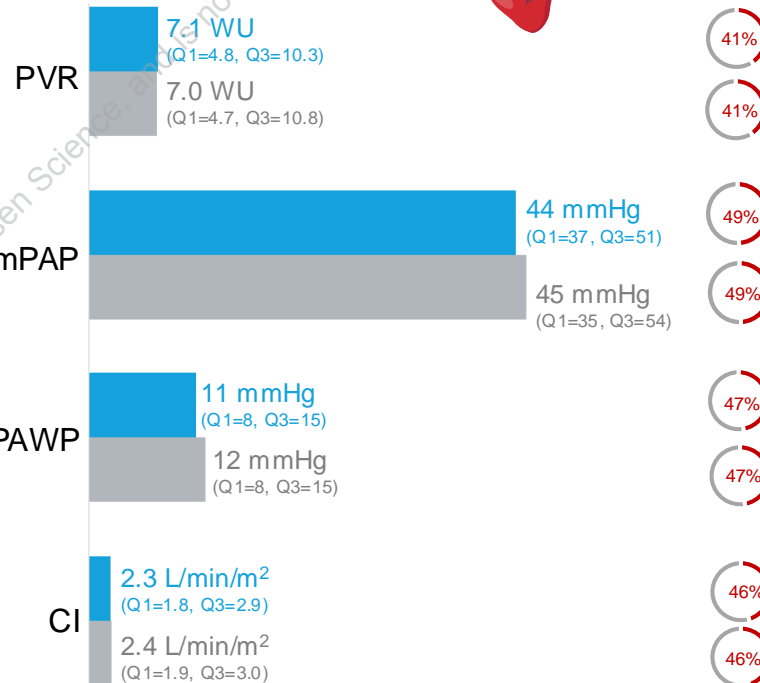
NT-proBNP risk category*



Hemodynamics (median values)



Patients with available data



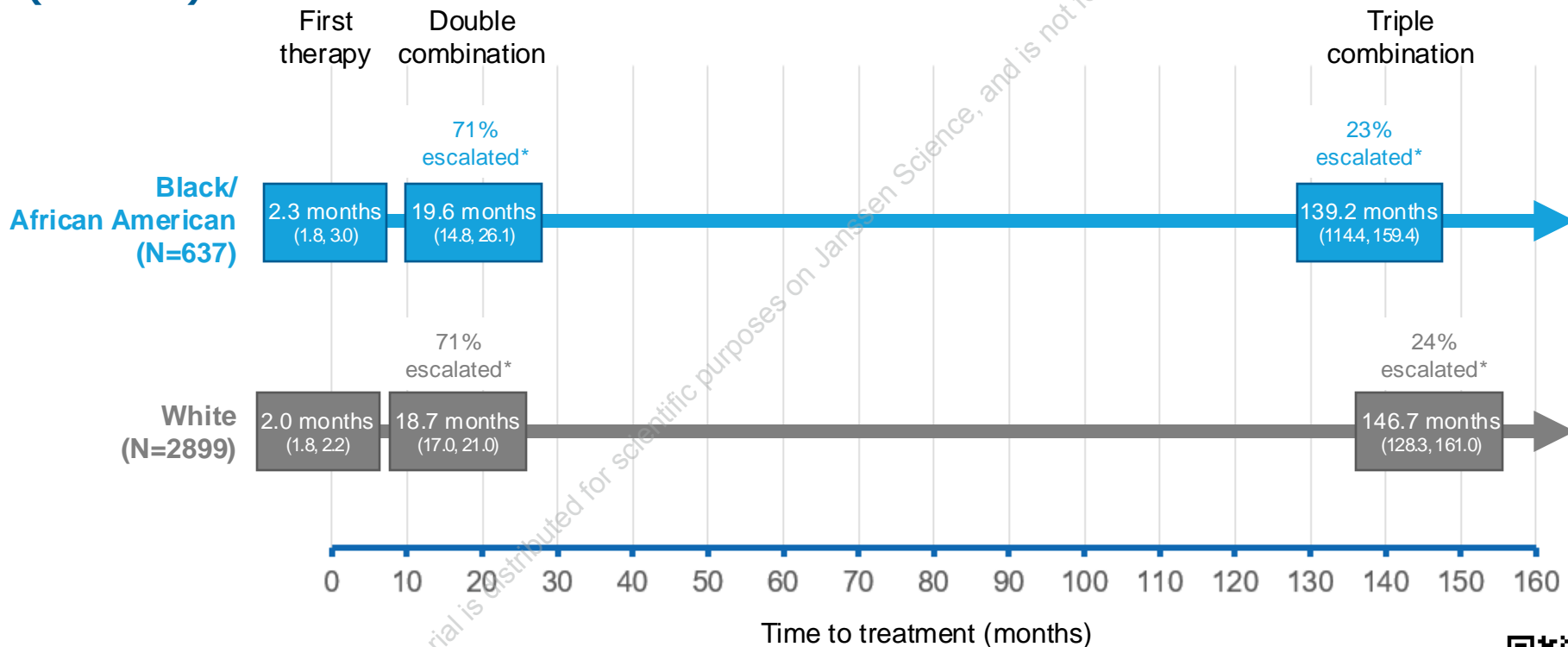
*Low: BNP <50 ng/L, NT-proBNP <300 ng/L; Intermediate: BNP 50-300 ng/L, NT-proBNP 300-1400 ng/L; High: BNP >300 ng/L, NT-proBNP >1400 ng/L^{1,2}. 6MWD: 6-minute walk distance; BNP: brain natriuretic peptide; CI: cardiac index; mPAP: mean pulmonary arterial pressure; NT-proBNP: N-terminal pro-brain natriuretic peptide; PAWP: pulmonary arterial wedge pressure; PVR: pulmonary vascular resistance; WHO FC: World Health Organization functional class; WU: Wood units.

1. Galiè N, et al. *Eur Heart J* 2016; 37:67-119; 2. Galiè N, et al. *Eur Respir J* 2015; 46:903-75.



Treatment patterns

Time from diagnosis to PAH-specific therapy – Kaplan-Meier estimates, median (95% CL)



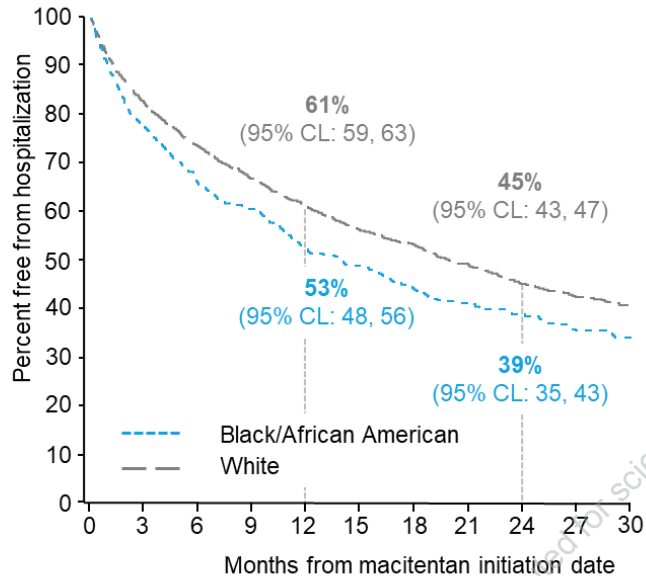
Patients with an incomplete date of diagnosis, or a diagnosis date after the date of initiation of first PAH therapy were excluded from these analyses. *Calculated as number of patients with event over entire observation period / total number of patients. CL: confidence limit.



Hospitalization and survival

Kaplan-Meier estimates (95% CL) from macitentan initiation

First all-cause hospitalization

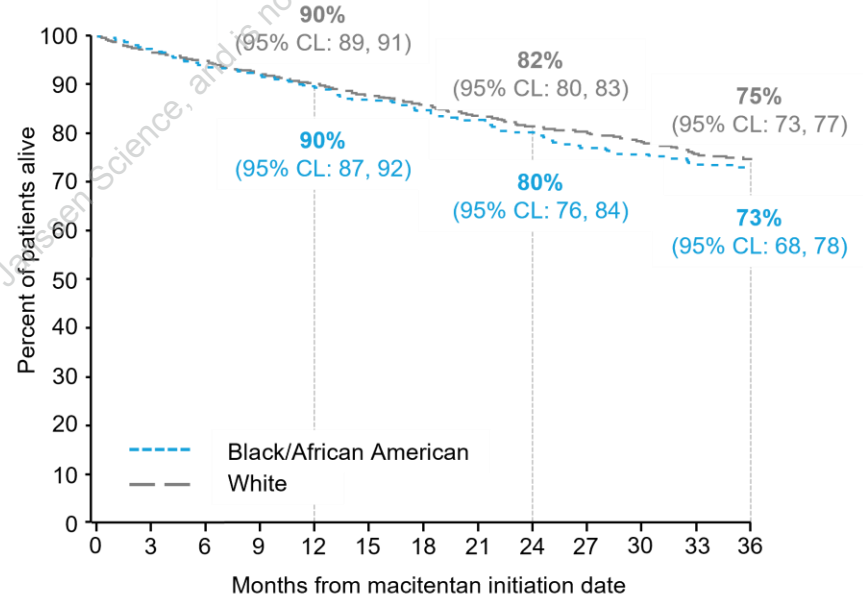


Patients at risk:

751 528 396 330 248 202 164 135 106 87 72

3481 2490 1995 1632 1361 1127 965 817 667 564 468

Survival



Patients at risk:

752 652 552 484 414 361 309 268 219 185 158 127 107

3484 2902 2537 2228 1969 1719 1516 1331 1155 995 845 698 551

All analyses are descriptive and unadjusted. For first all-cause hospitalization, patients with missing hospitalization date were excluded from the analyses for Black/African American n=1 and White n=3 groups, respectively. Curves are cut at the point where <10% of patients remain at risk.



Safety

	Black/African American N=752	White N=3484
Median exposure to macitentan – months	13.9 (Q1=5.4, Q3=26.8)	14.6 (Q1=5.2, Q3=29.6)
Patients discontinuing macitentan – %		
Due to an adverse event	16.8%	18.1%
Other reason*	16.8%	17.8%
Missing reason	7.4%	7.2%
Adverse events (OPUS only)	N=355	N=1748
Patients with ≥1 adverse event – %	81.7%	80.3%
Most common (>10%) adverse events by Preferred Term – %		
Dyspnea	27.9%	22.8%
Headache	12.4%	12.3%
Peripheral edema	11.8%	10.2%
Nausea	11.0%	10.1%
Dizziness	10.4%	8.1%
Cough	10.1%	7.2%

*Includes withdrawal of consent, patient lost to follow up, patient moved or was no longer under site care, and non-safety related treatment interruptions of >14 days (e.g., due to changing health insurance providers).



Conclusions

- Black/African American patients tended to be younger, were more often female, with a higher incidence of CTD-PAH and a greater comorbidity burden than White patients.
- For those with data, Black/African American patients had more functional impairment at macitentan initiation than White patients; hemodynamics were similar.
- Overall treatment patterns, safety, tolerability and survival outcomes with macitentan treatment were similar; however, all-cause hospitalization was higher for Black/African American patients.

Clinical Implications

- Data on the use of PAH-specific drugs in Black/African American patients can inform treatment decisions and may help to close racial health equity gaps

