

Real World Evaluation of Enterocolitis in Cilta-cel Treated Patients with Relapsed or Refractory Multiple Myeloma

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Key Takeaway

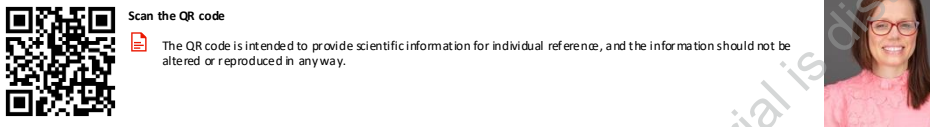
New-onset EC following cilta-cel infusion was low (1.4%), with all patients demonstrating at least an improvement in symptoms and remaining alive and free of subsequent anti-myeloma therapy at the end of follow-up – these initial findings support the long-term benefit-risk profile of cilta-cel

Conclusions

In this real-world study of patients with RRMM treated with cilta-cel, the observed incidence of new-onset EC was low (1.4%) with all patients with EC remaining alive and free of subsequent therapy at the end of follow-up

Management strategies were individualized, including corticosteroids, TNF-α inhibitors, and JAK inhibitors, consistent with approaches reported in other contemporary real-world cohorts from academic centers, with all patients showing an improvement in EC symptoms

Longer follow-up and comprehensive assessments of patient-reported outcomes are needed to characterize the overall clinical impact of EC



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Disclosures
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Introduction

- Ciltacabtagene autoleucel (cilta-cel), a B-cell maturation antigen-directed chimeric antigen receptor T-cell therapy (CAR-T), is approved by the Food and Drug Administration for patients with relapsed/refractory multiple myeloma (RRMM) after ≥1 prior line of therapy^{1,2}, based on CARTITUDE-1 and CARTITUDE-4, which showed high response rates and prolonged overall survival
- The characterization of enterocolitis (EC) post-CAR-T infusion in clinical practice is evolving, with recent reports documenting immune effector cell-associated (IEC)-EC as a distinct but rare adverse event occurring in about 2% of cilta-cel patients³
- These observations underscore the need for improved understanding of current diagnosis and management of EC in the real-world setting

Objective

- To assess the incidence and management of EC among patients with RRMM treated with cilta-cel in clinical practice

Results

Study population and patient characteristics

- Overall, 345 patients treated with cilta-cel were identified, of whom 5 developed new-onset EC (Table 1)

Table 1: Patient characteristics

	Overall N = 345	New-onset EC ^a N = 5
Follow-up (months), median (range)	11.9 (0.03 – 35.5)	9.7 (4.3 – 22.1)
Age (years), median (range)	66 (37 – 83)	65 (51 – 68)
Female, n (%)	153 (44.3)	1 (20.0)
Race, n (%)		
White	226 (65.5)	3 (60.0)
Black	28 (8.1)	0 (0.0)
Asian	19 (5.5)	0 (0.0)
Other	72 (20.9)	2 (40.0)
Payer type, n (%)		
Medicare	189 (54.8)	2 (40.0)
Commercial	108 (31.3)	2 (40.0)
Managed care	22 (6.4)	0 (0.0)
Medicaid	19 (5.5)	1 (20.0)
Other or unknown	7 (2.0)	0 (0.0)
Quan-CCI, median (range)	2.0 (2.0 – 15.0)	4.0 (2.0 – 8.0)
ECOG status assessment, n (%)		
0	97 (35.3)	1 (25.0)
1	154 (56.0)	3 (75.0)
≥2	24 (8.7)	0 (0.0)
Cytogenetic risk assessment, n (%)		
High-risk cytogenetic abnormalities ^b	161 (46.7)	4 (80.0)
Standard-risk cytogenetic abnormalities	90 (55.9)	3 (75.0)
Extramedullary disease status assessment, n (%)		
Extramedullary disease	68 (32.1)	1 (25.0)
No extramedullary disease	127 (67.9)	4 (80.0)
Infusion setting assessed, n (%)		
Inpatient	204 (70.3)	3 (60.0)
Outpatient	86 (29.7)	2 (40.0)

CCI: Charlson Comorbidity Index; ECOG: Eastern Cooperative Oncology Group; EC: enterocolitis; ICD-10-CM: International Classification of Diseases, Tenth Revision, Clinical Modification.
^aICD-10-CM diagnosis codes used to identify EC included K52.1, K52.89, and K52.9.
^bHigh-risk was defined as evidence of del(17p) in sorted plasma cells ≥20%, TP53 mutation, biallelic del(1p32) or any two of the following abnormalities together: t(4;14) or t(14;16) or t(14;20), Ig (gain or amplification), monoclonal del(1p32).

EC clinical characteristics and management (Table 2)

- Median (range) time to EC onset was 130 (38 – 238) days following infusion
- One patient had EC of grade 1 and 4 patients had unknown grade at onset
- EC-related management strategies included corticosteroids (100%), tumor necrosis factor (TNF)-α inhibitors (60%), and Janus kinase (JAK) inhibitors (20%), as detailed by patient charts
- All 5 patients had an improvement in EC within a median (range) of 46 (5 – 83) days following EC onset, 60% had full resolution within median (range) of 50 (17 – 85) days following EC onset
- Infectious etiologies of diarrhea between infusion and the onset of EC were identified in 2 patients (40%) based on structured EMR data

References

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- Johnson R, et al. *N Engl J Med*. 2022;387(1):1-11.
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Methods

Data source

- Electronic medical records (EMR) from Loopback Analytics (02/2017-06/2025) were used, supplemented with physician notes
- Data captured patients with commercial use of cilta-cel, with dose, timing, and route of administration consistent with the United States label

Study design and population

- A retrospective cohort study design was used
- Index date: cilta-cel infusion
- Baseline period: 12-month period prior to infusion
- Follow-up period: index date to the earliest of death or end of data availability
- Figure 1 summarizes patient selection criteria

Study outcomes and statistical analysis

- New-onset EC post-infusion was defined as ≥2 diagnosis codes (International Classification of Diseases, 10th Revision, Clinical Modification: K52.1, K52.89, and K52.9) on distinct days within 30 days, confirmed in physician notes, and without any EC diagnoses in the baseline period
 - This study focused on EC, as the criteria for the diagnosis of IEC-EC may not have been consistently adopted
- Descriptive statistics were used to assess baseline characteristics and outcomes

Limitations

- EMR data, combined with shorter follow-up for some patients, provide a partial view of the patient journey and may not capture all clinical information, including over-the-counter medications, out-of-network care, and other events that could influence the observed incidence of EC
- Misclassification may occur due to coding inaccuracies and variability in documentation

Figure 1: Patient selection criteria

Inclusion criteria (N=423)

- Adult patients receiving cilta-cel after 1-3 prior LOT (04/05/2024 - 06/30/2025) or ≥4 prior LOT (02/28/2022 - 06/30/2025), consistent with the approved indication (date of infusion defined as the index date)
- ≥2 diagnoses for MM on distinct dates, including ≥1 pre-infusion
- ≥12 months of data availability pre-infusion
- Evidence of lymphodepleting chemotherapy

Exclusion criteria (N=78)

- Clinical trial participation during the cilta-cel LOT
- Diagnosis of amyloidosis pre-infusion
- Evidence of previous CAR-T infusion

All eligible patients (N=345)

CAR-T: chimeric antigen receptor T-cell therapy; LOT: line of therapy.

Cilta-cel response and outcomes (Table 2)

- Over a median (range) follow-up of 9.7 (4.3 – 22.1) months:
 - All 5 patients achieved at least partial response (PR) to cilta-cel, with 60% achieving complete response (CR)
 - All patients were alive and treatment-free at the end of follow-up

Table 2: EC clinical characteristics and cilta-cel outcomes

	New-onset EC N = 5
Time to EC onset (days), median (range)	130 (38 – 238)
Grade at EC onset, n (%)	
Grade 1	1 (20.0)
Unknown	4 (80.0)
Management strategies, n (%)	
Corticosteroids	5 (100.0)
TNF-α inhibitors	3 (60.0)
JAK inhibitors	1 (20.0)
Symptom improvement, n (%)	5 (100.0)
Time to improvement (days), median (range)	46 (5 – 83)
Symptom resolution, n (%)	3 (60.0)
Time to resolution (days), median (range)	50 (17 – 85)
Best response to cilta-cel, n (%)	
Partial response	2 (40.0)
Complete response	3 (60.0)
Initiation of subsequent line of therapy, n (%)	0 (0.0)
Death, n (%)	0 (0.0)

EC: enterocolitis; JAK: Janus kinase; TNF: tumor necrosis factor.

Patient-level post-infusion clinical course (Figure 2)

- Patient 1** developed EC on day 130 post-infusion, improved on day 213, and resolved on day 215. Post-infusion infectious etiologies of diarrhea identified prior to EC onset included cytomegaloviral disease. Best response to cilta-cel was CR on day 215
- Patient 2** developed EC on day 38 post-infusion, improved on day 84, and resolved on day 88. Post-infusion infectious etiologies of diarrhea identified prior to EC onset included enterocolitis due to Clostridium difficile, and acute gastroenteropathy due to Norwalk agent. Best response to cilta-cel was CR on day 48
- Patient 3** developed EC on day 49 post-infusion, improved on day 54, and resolved on day 66. Best response to cilta-cel was PR on day 35
- Patient 4** developed EC on day 238 post-infusion and improved on day 255. Best response to cilta-cel was PR on day 35
- Patient 5** developed grade 1 EC on day 179 post-infusion, which resolved on day 233. EC recurrences occurred on days 256, 475 (grade ≥3), and 554 post-infusion. Best response to cilta-cel was CR on day 30

Figure 2: Patient-level post-infusion clinical course in patients with new-onset EC

