

# Advancing Insights Into Disease Biology of Non-Muscle Invasive Bladder Cancer (NMIBC) Through Comprehensive Multi-Omics Analysis

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## Key Takeaway

Findings provide insights into NMIBC disease biology and highlight the importance of integrating genomic and transcriptomic profiling to better understand molecular markers associated with risk stratification

## Conclusions

*FGFR3* mutations were found to be more common in low- and intermediate-risk NMIBC, consistent with known disease biology

High-risk NMIBC showed enrichment of cell-cycle pathway activity, consistent with the role of cell-cycle dysregulation in tumor aggressiveness

BCG Response Subtype 3 was validated as a poor-prognosis subtype in BCG-treated patients, reinforcing the robustness of BRS classification for predicting BCG response

High-risk NMIBC is marked by cell-cycle dysregulation, while BRS3 predicts poor BCG response, emphasizing the importance of integrated multi-omics for risk stratification

## Background

- Non-muscle-invasive bladder cancer (NMIBC) accounts for approximately 75% of all bladder cancer cases and has a high rate of recurrence and potential progression to muscle-invasive bladder cancer (MIBC)<sup>1-3</sup>
- Treatment strategies for NMIBC include transurethral resection of bladder tumor (TURBT) followed by Bacillus Calmette-Guérin (BCG) immunotherapy or chemotherapy.<sup>1,3</sup> Although NMIBC management has progressed, understanding its molecular basis and post-treatment changes remains critical for better prognosis, patient stratification, and informed treatment strategies<sup>2</sup>
- Transcriptomics-based molecular subtyping has shown that BCG Response Subtypes (BRS) provide clinically meaningful prognostic stratification in NMIBC patients receiving BCG therapy
- Here, we conducted whole exome and transcriptomic sequencing to characterize the molecular profiling of NMIBC tumor samples

## Objectives

- To investigate genomics and transcriptomics architecture among low/intermediate-risk from high-risk NMIBC
- To validate molecular subtypes BRS associated with recurrence risk among the patients with NMIBC who received BCG treatment

## Results

- Among 37 patients with NMIBC, 16 with intermediate/high risk were treated with BCG post-TURBT (Table 1)
  - These patients had other aggressive features (eg, T1, high tumor grade, multiple and larger tumors) compared with the 21 patients who received TURBT alone
- Concomitant CIS was low (10.8%), and time to recurrence was fast (median 6.5 months) in this study

Table 1: Baseline clinical profile by treatment received

	Total (N=37)	TURBT+BCG (n=16)	TURBT Alone (n=21)
Age	72.0 (48–87)	73.0 (56–87)	69.0 (48–87)
Sex, Male	32 (86.8)	13 (81.2)	19 (90.5)
Primary tumor	32 (86.5)	13 (81.2)	19 (90.5)
Pathological T stage (TNM classification)			
Ta	29 (78.4)	9 (56.2)	20 (95.2)
T1	8 (21.6)	7 (43.8)	1 (4.8)
Concomitant CIS	4 (10.8)	3 (18.8)	1 (4.8)
NMIBC tumor grade			
Low grade	16 (43.2)	4 (25.0)	12 (57.1)
High grade	21 (56.8)	12 (75.0)	9 (42.9)
Multiple lesions	30 (78.9)	15 (93.8)	15 (68.2)
Tumor size			
<3cm	30 (78.9)	10 (62.5)	20 (90.9)
≥3cm	8 (21.1)	6 (37.5)	2 (9.1)
EAU risk group <sup>a</sup>			
Low	3 (8.1)	0	3 (14.3)
Intermediate	12 (32.4)	3 (18.8)	9 (42.9)
High	19 (51.4)	10 (62.5)	9 (42.9)
Very high	3 (8.1)	3 (18.8)	0
EORTC progression risk			
Low	7 (18.9)	0	7 (33.3)
Intermediate	18 (48.6)	7 (43.8)	11 (52.4)
High	12 (32.4)	9 (56.2)	3 (14.3)
EORTC recurrence risk			
Low	4 (10.8)	0	4 (19.0)
Intermediate	33 (89.2)	16 (100)	17 (81.0)
Intravesical chemotherapy	1 (2.6)	0	1 (4.5)
Time from baseline to recurrence	6.5 (2.6–56.6)	6.3 (3.4–15.4)	9.4 (2.6–56.6)

Data presented as n (%) or median (range). \*Sylvester RJ, et al. *Eur Urol* 2021;79(4):480-488. BCG, Bacillus Calmette-Guérin; CIS, Carcinoma in situ; EAU, European Association of Urology; EORTC, European Organisation for Research and Treatment of Cancer; NMIBC, non-muscle-invasive bladder cancer; TNM, tumor, node, metastasis.

## Baseline genetic alteration profile by EAU risk group

- Alteration frequencies were consistent with published literature, with highest prevalence in *TERT*, *FGFR3*, and *ATM* (Figure 2).

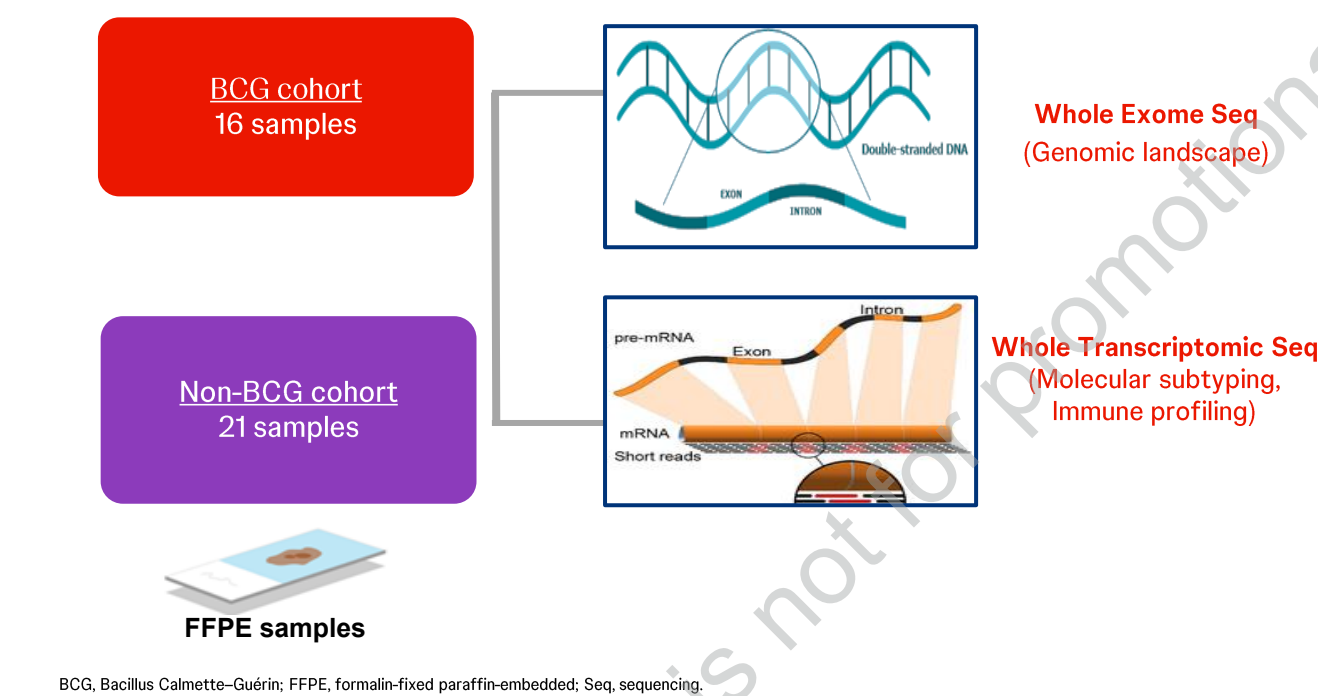
- FGFR3* and *KDM6A* mutations were more frequent in low/intermediate-risk groups compared with high/very high-risk groups

- KMT2D*, *TP53*, *ERCC2*, and *RB1* mutations were more common in high-/very high-risk groups

- FGFR3* alterations were mutually exclusive with majority of *TP53*, *RB1*, and *ERCC2* mutations

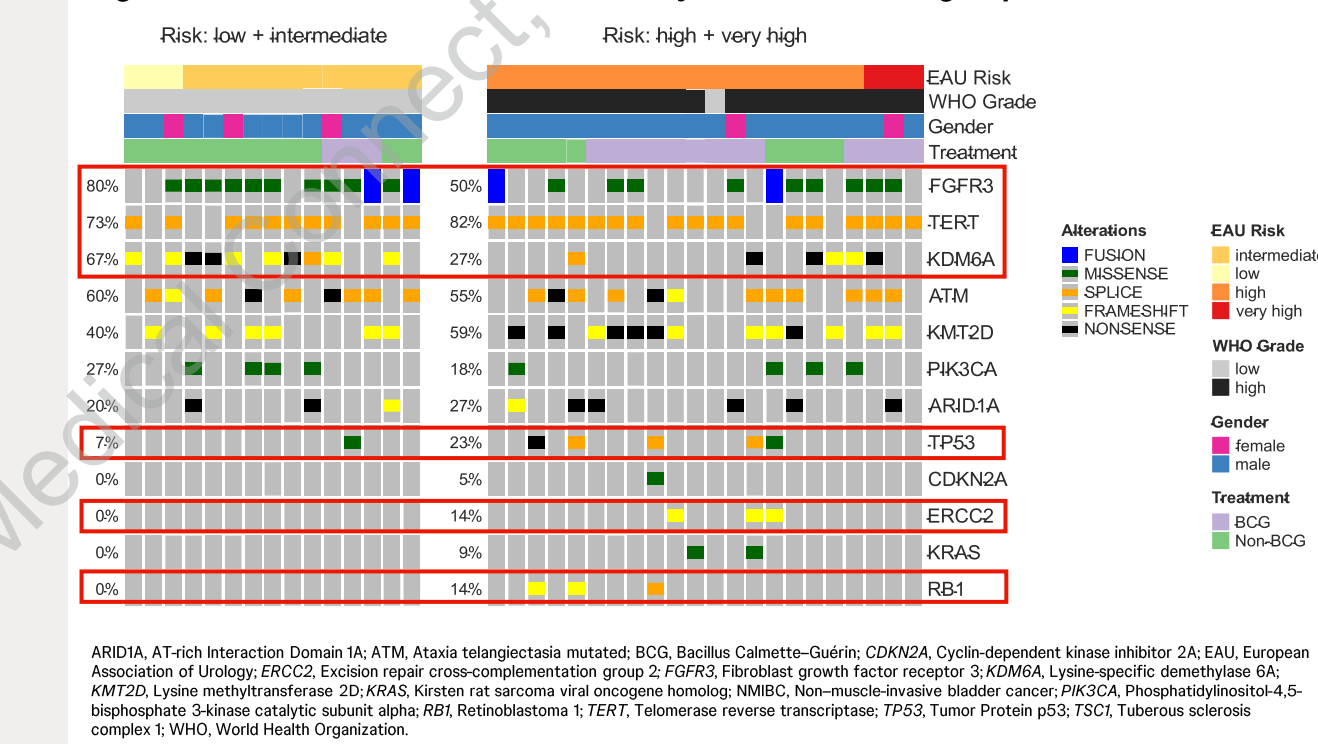
## Methods

### Figure 1: Study design



BCG, Bacillus Calmette-Guérin; FFPE, formalin-fixed paraffin-embedded; Seq, sequencing

Figure 2: Genetic alterations at baseline by EAU NMIBC risk group

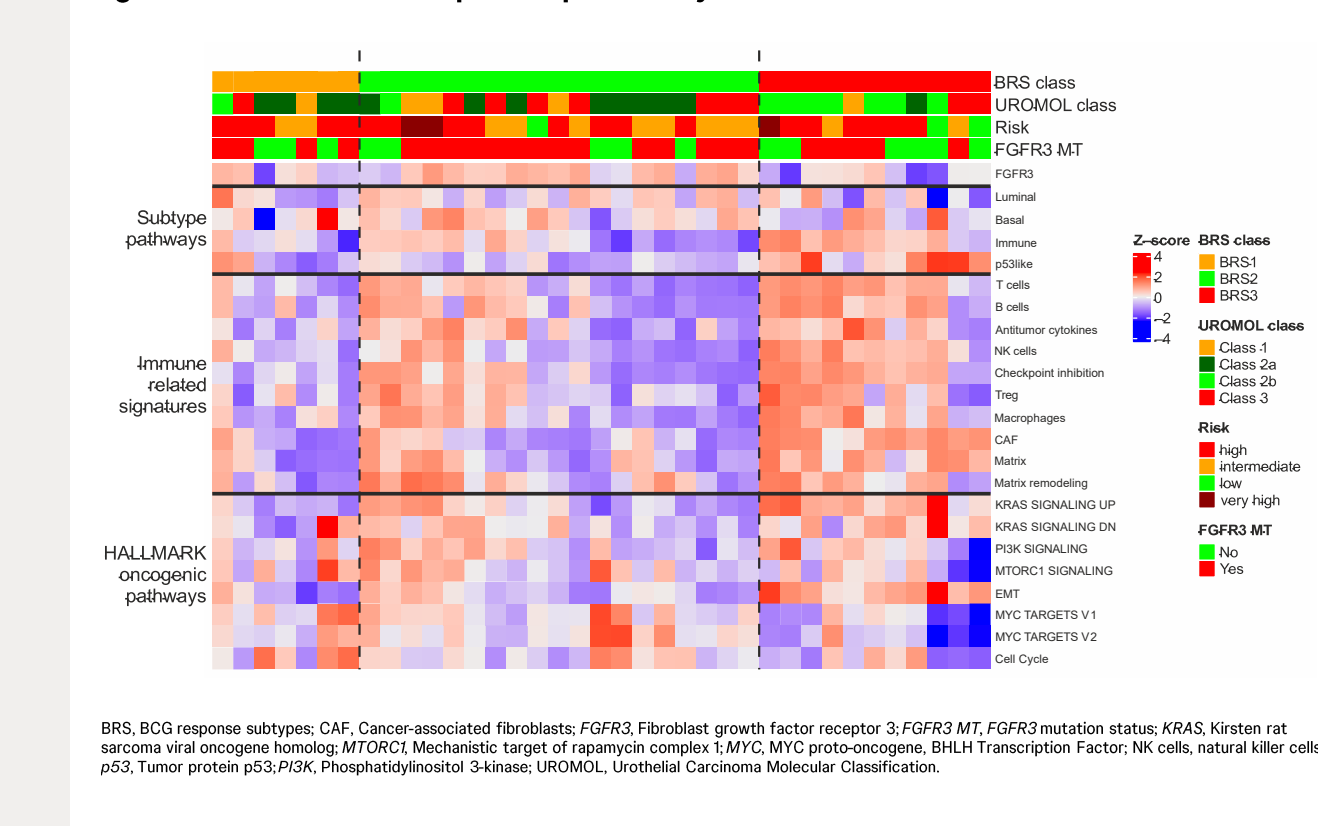


ARID1A, AT-rich Interaction Domain 1A; ATM, Ataxia telangiectasia mutated; BCG, Bacillus Calmette-Guérin; CDKN2A, Cyclin-dependent kinase inhibitor 2A; EAU, European Association of Urology; ERCC2, Excision repair cross-complementation group 2; FGFR3, Fibroblast growth factor receptor 3; KDM6A, Lysine-specific demethylase 6A; KMT2D, Lysine methyltransferase 2D; KRAS, Kirsten rat sarcoma viral oncogene homolog; NMIBC, Non-muscle-invasive bladder cancer; PIK3CA, Phosphatidylinositol-4,5-bisphosphate 3-kinase catalytic subunit alpha; RB1, Retinoblastoma 1; TERT, Telomerase reverse transcriptase; TP53, Tumor Protein p53; TSC1, Tuberous sclerosis complex 1; WHO, World Health Organization.

## Baseline transcriptomic profile by BRS

- Baseline transcriptomic profiles showed clear separation by BCG response subtype (BRS)<sup>4</sup> (Figure 3), that is consistent with previous reported classification
  - BRS1: Enriched for cell-cycle, autophagy, protein secretion, and antigen-presentation pathways
  - BRS2: Characterized by luminal-papillary, *FGFR3*, and *MYC* target signatures
  - BRS3: Enriched for *EMT*-basal, immunosuppressive, IL-6/JAK/STAT, angiogenesis, and *MAPK* signaling pathways

Figure 3: Baseline transcriptomic profiles by BRS



BRS, BCG response subtypes; CAF, Cancer-associated fibroblasts; FGFR3, Fibroblast growth factor receptor 3; FGFR3 MT, FGFR3 mutation status; KRAS, Kirsten rat sarcoma viral oncogene homolog; MYC, Mechanistic target of rapamycin complex 1; MYC, MYC proto-oncogene; BHLH Transcription Factor; NK cells, natural killer cells; p53, Tumor protein p53; PI3K, Phosphatidylinositol 3-kinase; UROMOL, Urothelial Carcinoma Molecular Classification.

## Patient cohort

- Pre-treatment tumor specimens were obtained from 37 patients with NMIBC who underwent either TURBT followed by BCG immunotherapy (BCG cohort) or TURBT alone (Non-BCG cohort)

## Genomic and transcriptomic sequencing

- Comprehensive molecular profiling was conducted using whole-exome sequencing (WES) and transcriptomic sequencing (RNA-seq) to characterize the genomic and transcriptomic landscape of NMIBC

## BCG response subtype classification

- Transcriptomic data were analyzed using a BCG response subtype predictor to classify tumors into three BCG Response Subtypes (BRS1–3). This classification was used to investigate molecular differences associated with BCG response subtype

## Pathway and gene set analysis

- Transcriptomic pathway activities were evaluated using single-sample Gene Set Enrichment Analysis (ssGSEA) based on Kyoto Encyclopedia of Genes and Genomes (KEGG) gene signatures to compare pathway-level transcriptional differences across NMIBC risk groups

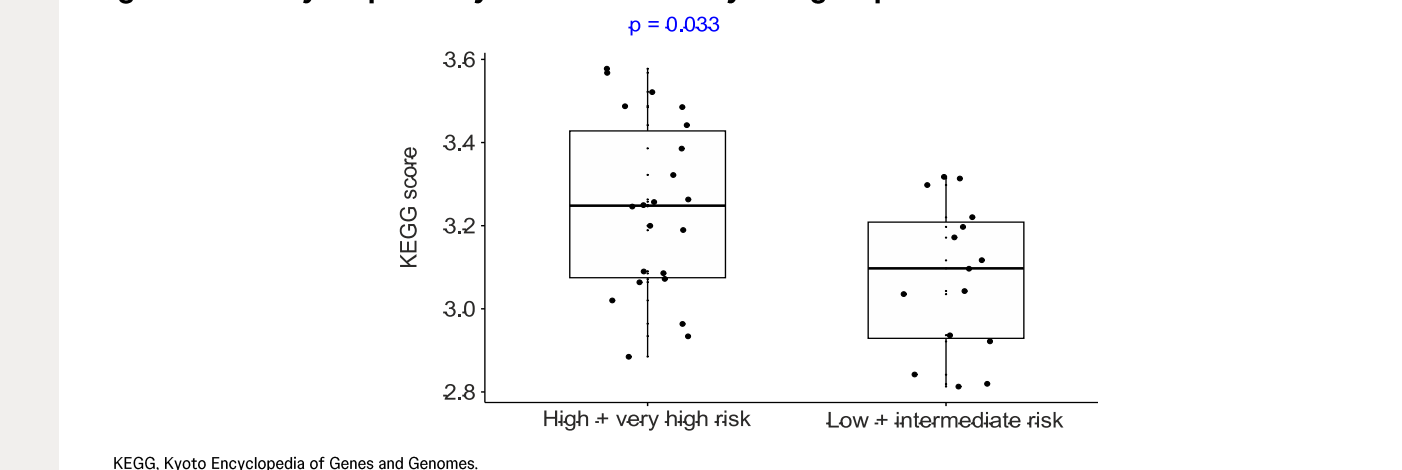
## Survival analysis

- Progression-free survival (PFS) was assessed to evaluate clinical associations of BRS. PFS was compared across BRS groups to determine the relevance of transcriptomic subtype in the context of BCG treatment

## Cell cycle pathways are upregulated in high-risk NMIBC

- High-risk tumors show enrichment of *TP53* and *RB1* mutations, supporting dysregulated cell cycle control (Figure 4)<sup>5</sup>

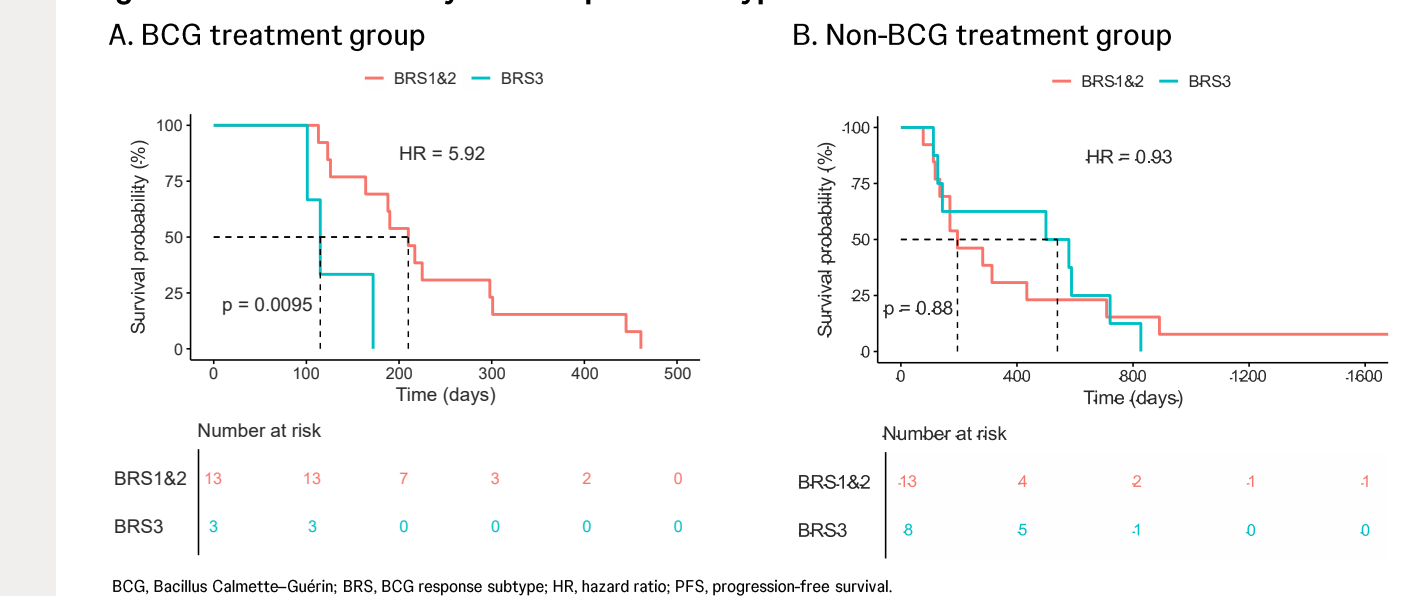
Figure 4: Cell cycle pathway in KEGG score by risk group



## BRS3 has poor prognosis in the BCG treatment group

- Patients with BRS3 tumors had significantly shorter PFS compared with BRS1/2 (HR=5.92; p=0.0095) following BCG treatment (Figure 5A). This trend was not observed with Non-BCG treatment (Figure 5B)

Figure 5: PFS stratified by BCG response subtypes



## BRS1 and BRS3 are enriched in high-risk NMIBC

- High-risk and very high-risk NMIBC tumors are enriched in BRS1 and BRS3 relative to low/intermediate risk (Table 2), however the difference is not statistically significant
  - BRS1 is associated with cell-cycle-related biology, as supported by transcriptomic data
  - BRS3 is associated with immune-enriched immunosuppressive features, supported by transcriptomic and multiplex immunofluorescence data

Table 2: Association between BRS classification and NMIBC clinical risk groups<sup>a</sup>

BRS class	High/very-high risk	Low/intermediate risk	Total (100%)
BRS1	5 (71.4%)	2 (28.6%)	7
BRS2	10 (52.6%)	9 (47.4%)	19
BRS3	7 (63.6%)	4(36.4%)	11

Data presented as n (%). \*Chi square test p = 0.65. BRS, BCG response Subtype; NMIBC, non-muscle-invasive bladder cancer.

## References

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