Real-world Healthcare Resource Utilization Following Outpatient or Inpatient Administration of Ciltacabtagene Autoleucel After ≥4 Prior Lines of Therapy

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Key Takeaway



Overall, OP administration of cilta-cel offers a patient-centric model and reduced HCRU with similar safety outcomes as IP administration in the 30 days post-infusion, and may be widely adopted

Conclusions



This real-world descriptive analysis demonstrates that OP administration of cilta-cel is feasible



Notably, nearly one-third of patients who received cilta-cel in the OP setting did not require a hospitalization within 30 days post-infusion and the mean number of hospitalization days was significantly lower at day 15, 20, and 30 post-infusion relative to patients who received cilta-cel in the IP

Pleasescan QR code

The OR code is intended to provide scientific information for individual.

- Ciltacabtagene autoleucel (cilta-cel), a B-cell maturation antigen-directed chimeric antigen receptor T-cell (CAR-T) therapy, received initial US Food and Drug Administration (FDA) approval in February 2022 for the treatment of adults with relapsed or refractory multiple myeloma (MM) after ≥4 prior lines of therapy (5L+), based on the pivotal phase Ib/II CARTITUDE-1 trial which showed high overall response rates (97%)?
- trial, outpatient (OP) administration is feasible due to predictable adverse events such as cytokin e release syndrome (CRS) and immune effector cellassociated neurotoxicity syndrome (ICANS)2
- OP administration is becoming more common with CAR-T therapy and can expand treatment access, reduce healthcare resource utilization (HCRU) and costs, and improve patient quality of life2,3

Objective

To describe real-world HCRU following cilta-cel administration in IP and OP

Methods

- Op en claims from Komodo Research Database (1/1/2016–6/30/2024) Study design
- A retrospective longitudinal cohort study design was used (Figure 1)
- The index date was defined as the date of cilta-cel infusion on or after February 28, 2022 (date of cilta-cel FDA approval) The baseline period was defined as the 12-month period prior to the index
- The follow-up period was defined as the period from the index date to the earliest of 30 days post-infusion, end of clinical activity, death, or end of data

- The patient selection criteria are presented in Figure 2
- Patients were selected into mutually exclusive cohorts based on administration of cilta-cel in the IP or OP setting; OP administration was defined as cilta-cel infusion occurring as an outpatient

Study outcomes and statistical analyses

- Adverse events (i.e., CRS, fever, ICANS, pancytopenia) and related management strategies (i.e., tocilizumab, dexamethasone) were identified
- 30-day mortality rate and HCRU, including hospitalization days post-infusion. were reported
- Descriptive statistics were used to assess baseline nationt and clinical characteristics as well as study outcomes in each co hort
- T-tests were used to perform unadjusted comparisons of study outcomes

End of follow-up period Start of data 12-month baseline period a luation of baseline demographics and

cilta-cel, ciltacabtagene autoleucel; HCRU, healthcare resource utilization

Figure 2: Study population selection

Inclusion criteria (N=517)

- Cilta-cel after ≥4 prior lines of therapy on or after 2/28/22
- ≥1 diagnosis for MM (ICD-10-CM; C90.0) on or prior to index ≥18 years of age as of index
- ≥12 months of clinical activity prior to index

\$9988, \$9990, \$9991, \$9992, \$9994, \$9996)

Exclusion criteria (N=275) ≥1 diagnosis of amyloidos is (ICD-10-CM: E85.x) prior to index

- Clinical trial participation on or prior to index (ICD-10-CM: Z00.6; HCPCS:
- No claims for lymphodepleting therapy agents (i.e., cyclophosphamide, flu darabine, or bend amustine) in 14 days prior to or 30 days after index

All eligible patients (N=242)		
IP cilta-cel ad minis tration	OP cilta-cel administration	
N-140	N-04	

cilta-cel, cil tacabtage ne autoleucel; HCPCS: Healthcare Common Procedure Coding System; ICD-10-CM, International Classification of Diseases, 10th Revision, Clinical Modification; IP, inpatien MM, multiple myeloma; OP, outpatient.

Results

Study population and baseline characteristics

Among 148 patients who received cilta-cel in an IP setting and 94 patients who received cilta-cel in an OP setting, baseline patient characteristics were similar (median age [IP: 64 yrs, OP: 64 yrs], female sex [IP: 47.3%, OP: 42.6%], median Quan-Charlson Comorbidity Index [IP: 5, OP: 5], median line of therapy of cilta-cel [IP: 6, OP: 5], though there were more Black patients in the IP cohort than the OP cohort (IP: 20.9%, OP: 7.4%; **Table 1**)

Table 1: Baseline patient demographic and dinical characteristics

	IP cohort N=148	OP cohort N=94
Age at index date, mean \pm SD [med ian], years	63.6 ± 8.2 [64.0]	63.0 ± 7.6 [64.0]
Female, n (%)	70 (47.3)	40 (42.6)
Race, n (%)		
White	80 (54.1)	52 (55.3)
Black	31 (20.9)	7 (7.4)
Hispanic	14 (9.5)	9 (9.6)
Asian	4 (2.7)	4 (4.3)
Other/Un kno wn	19 (12.8)	22 (23.4)
US region, n (%)		2
Northeast	47 (31.8)	19 (20.2)
West	38 (25.7)	20 (21.3)
South	37 (25.0)	40 (42.6)
Midwest	26 (17.6)	15 (16.0)
Insurance plan, n (%)	00	
Medicare	78 (52.7)	50 (53.2)
Commercial	62 (41.9)	41 (43.6)
Medicaid	8 (5.4)	2 (2.1)
Year of index date, n (%)	O	
2022	29 (19.6)	14 (14.9)
2023	101 (68.2)	45 (47.9)
2024	18 (12.2)	35 (37.2)
Line of therapy, mean \pm SD [median]	6.0 ± 1.1 [6.0]	5.9 ± 1.1 [5.0]
Quan-CCI, mean ± SD [median]	5.1 ± 2.8 [5.0]	5.1 ± 2.6 [5.0]
Frailty score, mean \pm SD [median] ¹	0.21 ± 0.11 [0.19]	0.20 ± 0.10 [0.19]
Non-frail to prefrail, n (%)	82 (55.4)	53 (56.3)
Mild-to-severe frailty, n (%)	66 (44.6)	41 (43.7)
CRAB symptoms, n (%)	122 (82.4)	75 (79.8)
Anemia	117 (79.1)	71 (75.5)
Renal impairment	30 (20.3)	22 (23.4)
Skeletal-related events	18 (12.2)	15 (16.0)
Hypercalcemia	18 (12.2)	12 (12.8)

CQ, Charlson Comorbidity Index; CRAB, calcium elevation, renal insufficiency, anemia, and bone abnormalities; IP, inpatient; OP, outpatient; SD, standard deviation; US, United States. Frailty score was calculated as the sum of frailty score components identified during the 12-month baseline period

Adverse events and management strategies

. Berdeja et al. Lance t. 2021; 398 (10297):314-324 2. Alsina et al. Future Oncol. 2025; 21 (10):1137-1144

Greg ory et al. Blood. 2024; 144 (Supplement 1):7591

 All-grade CRS (IP: 69.6%, OP: 63.8%; p=0.36), as well as CRS grades 1 and 2 (IP: 64.2%, OP: 58.5%; p=0.38) and CRS grade ≥3 (IP: 2.0%, OP: 1.1%; p=0.54) were comparable in the IP and OP cohorts

- ICANS (IP: 21.6%, OP: 20.2%; p=0.79), including grade ≥3 (IP: 2.7%, OP: 3.2%; p=0.83), and pancytopenia (IP: 79.7%, OP: 75.5%; p=0.45) were comparable between cohorts
- In the first 30 days post-infusion, use of tocilizumab (IP: 16.9%, OP: 11.7%, p=0.26) and dexamethasone (IP: 12.2%, OP: 13.8%, p=0.71) were similar between cohorts
- 30-day mortality was low in both the IP and OP cohort (IP: 1.4% [n=2], OP: 1.1% [n=1]; p=0.84; **Table 2**)

Table 2: Adverse events and management strategies post-infusion

	IP cohort N=148	OP cohort N=94	Difference in proportion (95% CI), p-value
CRS, n (%)	103 (69.6)	60 (63.8)	5.8 (-6.6; 18.1), 0.358
Grade 1-2	95 (64.2)	55 (58.5)	5.7 (-7.1; 18.4), 0.381
Grade ≥3	3 (2.0)	1 (1.1)	1.0 (-2.1; 4.1), 0.542
Grade unspecified	5 (3.4)	4 (4.3)	-0.9 (-5.9; 4.2), 0.733
Fever, n (%)	77 (52.0)	57 (60.6)	-8.6 (-21.5; 4.3), 0.189
Pancytopenia, n (%)	118 (79.7)	71 (75.5)	4.2 (-6.8; 15.2), 0.451
ICANS, n (%)	32 (21.6)	19 (20.2)	1.4 (-9.2; 12.0), 0.793
Grade 1-2	18 (12.2)	5 (5.3)	6.8 (-0.2; 13.9), 0.056
Grade ≥3	4 (2.7)	3 (3.2)	-0.5 (-4.9; 4.0), 0.829
Grade unspecified	10 (6.8)	11 (11.7)	-4.9 (-12.7; 2.8), 0.209
30-day tocilizu mab use, n (%)	25 (16.9)	11 (11.7)	5.2 (-3.8; 14.1), 0.255
30-day dexamethason e u se, n (%)	18 (12.2)	13 (13.8)	-1.7 (-10.5; 7.2), 0.710
30-day mortality, n (%)	2 (1.4)	1 (1.1)	0.3 (-2.5; 3.1), 0.841

CRS, cytokine release syndrome; CI, confidence interval; ICANS, immune effector cell-associated neurotoxicity syndrome; IP, inpatient; OP, outpatient.

HCRU

• Among patients in the IP cohort, 17 (11.5%) were readmitted in the first 30 days following their initial hospitalization (Table 3)

Table 2: UCBI during the first 20 days past infusion ID sehort

abre 3. Neko during die first 30 days post-infusion – IP cont	IP cohort N=148
Length of index admission (days), mean \pm SD [median]	15.0 ± 5.8 [15.0]
IP re-admiss io n¹, n (%)	17 (11.5%)

IP, inpatient; OP, outpatient; SD: standard deviation. 1. Refers to a hospitalization that occurred following discharge from the initial IP stay associated with the cita-cel infusion.

· Among patients in the OP cohort, 64 (68.1%) were hospitalized, within a median of 6 days post-infusion (10.6% of patients were hospitalized within 3 days of infusion), and 11 (11.7) had ≥2 hospitalizations (i.e., a re-admission) in the first 30 days following cilta-cel infusion (Table 4)

Table 4: HCRU during the first 30 days post-infusion - OP cohort

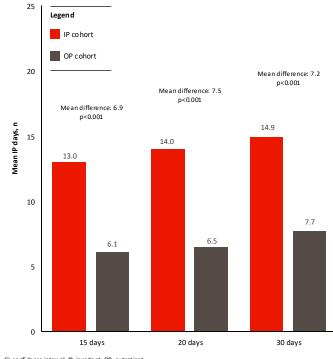
	OP cohort N=94
P visit, n (%)	64 (68.1%)
Time to admission (days), mean \pm SD [med ian]	6.1 ± 2.8 [6.0]
First admiss ion within 3 days, n (%)	10 (10.6%)
Length of first admission (days), mean ± SD [median]	6.2 ± 3.5 [6.0]
P re-admiss io n¹, n (%)	11 (11.7%)

IP, inpatient; OP, outpatient; SD: standard deviation.

1. Refers to having ≥2 hospitalizations that occurred during the first 30 days post-OP infusion

- Among patients with ≥1 IP day over the first 30 days post-infusion, the mean number of hospitalization days was significantly higher in the IP cohort compared to the OP cohort (14.9 [range: 1-30] vs. 7.7 [range: 1-26] days; p<0.001; Figure 2)
- At days 15 and 20 post-infusion, mean hospitalization days were significantly higher for the IP cohort compared to the OP cohort (13.0 vs. 6.1 days and 14.0 vs. 6.5 days, respectively; both p < 0.001)
- Notably, 31.9% (n=30) of patients in the OP cohort did not require hospitalization within the first 30 days post-infusion

Figure 3: Number of IP days 15-, 20-, and 30-days post-infusion among patients with ≥1 IP dav



CI, confidence interval: IP, inpatient: OP, outpatient.

- The study was conducted using open claims, thus visits outside of the network may not be captured in the data
- Although the study cohorts were relatively comparable, adjusted comparisons were not conducted; hence results may be affected by residual
- Risk of misclassification may exist due to possible inaccuracies in diagnosis, procedure, or drug codes as well as differences in recording of these events between cohorts

Multiple Myeloma

