

Guselkumab Re-Treatment After Withdrawal: Rapid Regain of Disease Control in Super-Responders With Moderate-to-Severe Plaque Psoriasis - Final Week 220 Phase 3b GUIDE Findings

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Background

The Phase 3b GUIDE trial investigated early intervention with guselkumab (GUS) for disease modification in adults with moderate-to-severe plaque psoriasis (PSO)^{1,2}

- GUIDE Part 1 (Week [W]0-W28): Early GUS intervention (≤2 years from symptom onset) and bionäive-status increased the likelihood of achieving super response (SRE; PSO Area and Severity Index [PASI]=0 at W20 and W28)²

Dose interval extensions and biologic treatment interruptions in PSO may be necessary due to medical events or patient preference

- GUIDE Part 2 (W28-W68): GUS dosed every 16W (q16w) demonstrated non-inferiority to q8w in maintaining disease control (PASI <3) at W68 among SREs³
- GUIDE Part 3 (W68-W220): 273 SREs with disease control at W68 were withdrawn from GUS. Upon loss of response (PASI>5; Figure 1), treatment was re-initiated with 3 doses (R0/R8/R16), allowing for evaluation of disease control after withdrawal, re-treatment efficacy, and potential disease-modifying effects

Objectives

To assess PASI and DLQI outcomes within 24W of GUS re-treatment among SREs who lost response (PASI >5) after W68 GUS withdrawal

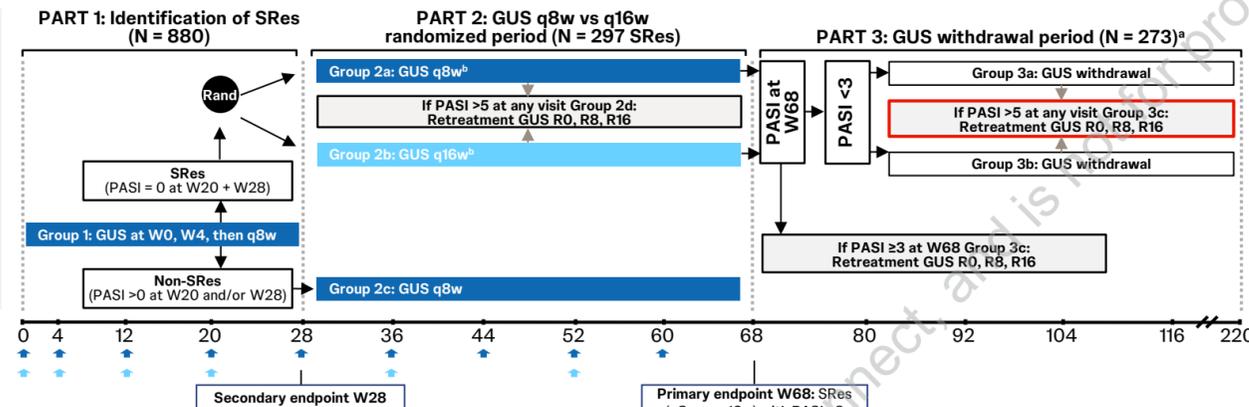
Methods

Key inclusion criteria [NCT03818035]

- Adults with moderate-to-severe PSO
- ~40% with PSO for ≤2 years

Analysis

- NRI was applied to handle missing categorical data; continuous data are presented as observed unless otherwise specified
- All p-values are nominal



PASI evaluates the extent and severity of psoriasis and provides a score from 0 (no PSO) to 72 (severe). ^aPatients entering Part 3 from the q8w and q16w arms of Part 2 received their last guselkumab dose at W60 and W52, respectively. ^bBlinded treatment. DLQI= Dermatology Life Quality Index, NRI=non-responder imputation, R=re-treatment, Rand=randomization.

Results

Baseline characteristics were generally comparable between SREs with completely clear skin and PASI > 0 at time of withdrawal (W68)

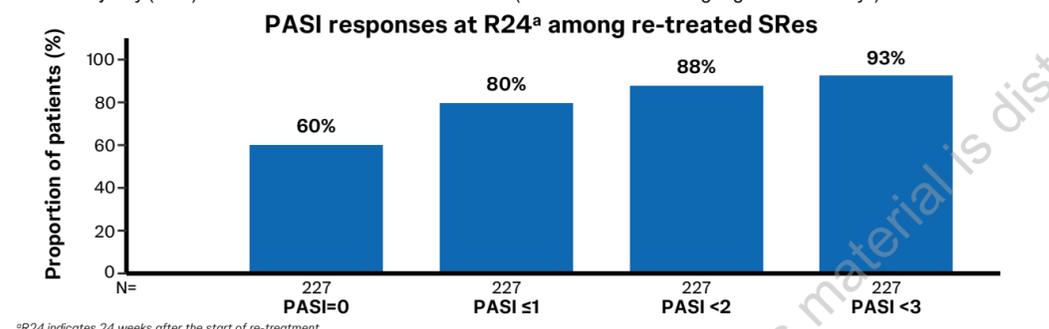
- Of 273 SREs who maintained disease control (PASI <3) at W68 who were withdrawn from GUS, 227 were re-treated after loss of response (PASI >5)
- A higher proportion of SREs with PASI >0 at W68 had BMI >30 compared with those with PASI=0 (28.3% vs 22.8%)
- SREs with PASI >0 at W68 were more likely to have had LDD at baseline (60.9% vs 52.2%), while those with PASI=0 at W68 (47.8% vs 39.1%) were more likely to have had SDD

Baseline characteristics of SREs re-treated with GUS after loss of response	SREs with PASI=0 at W68 (N = 180)	SREs with PASI>0 at W68 (N = 46)	All SREs (N = 226) ^a
Demographics			
Mean age, years (SD)	40.1 (13.3)	37.1 (13.5)	39.5 (13.3)
Male, n (%)	123 (68.3)	33 (71.7)	156 (69.0)
Mean weight, kg (SD)	83.3 (18.8)	85.7 (19.6)	83.8 (18.9)
BMI >30 kg/m ² , n (%)	41 (22.8)	13 (28.3)	54 (23.9)
Disease Characteristics			
Mean PSO duration, years (SD)	11.1 (13.2)	11.6 (11.6)	11.2 (12.8)
LDD (>2 years), n (%)	94 (52.2)	28 (60.9)	122 (54.0)
SDD (≤2 years), n (%)	86 (47.8)	18 (39.1)	104 (46.0)
Mean BSA with PSO, % (SD)	24.6 (14.7)	25.0 (16.0)	24.7 (14.9)
Mean PASI, (0-72) (SD)	18.4 (7.0)	20.3 (9.2)	18.8 (7.5)
Prior PSO Medication			
Biologic-naïve, n (%)	166 (92.2)	41 (89.1)	207 (91.6)
1 or more biologics, n (%)	14 (7.8)	5 (10.9)	19 (8.4)

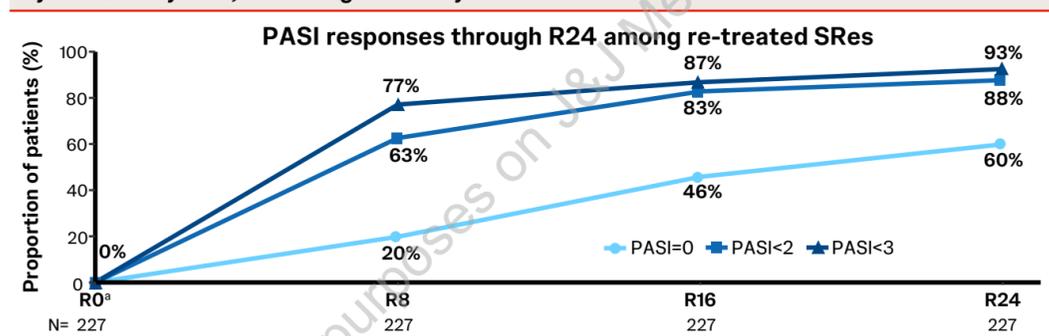
^a226 of the 227 SREs had available PASI data at W68. BMI=body mass index, BSA=body surface area, LDD=long disease duration, SD=standard deviation, SDD=short disease duration.

60% of SREs who lost response after GUS withdrawal achieved completely clear skin (PASI=0) at W24 after initiating re-treatment

- The majority (88%) of re-treated SREs achieved PASI <2 (new PSO treat-to-target goal in Germany⁴) at R24



77% of SREs who lost response after GUS withdrawal regained disease control (PASI <3) after 1 dose of GUS, increasing to 93% after 3 doses



^aR0 indicates the start of re-treatment.

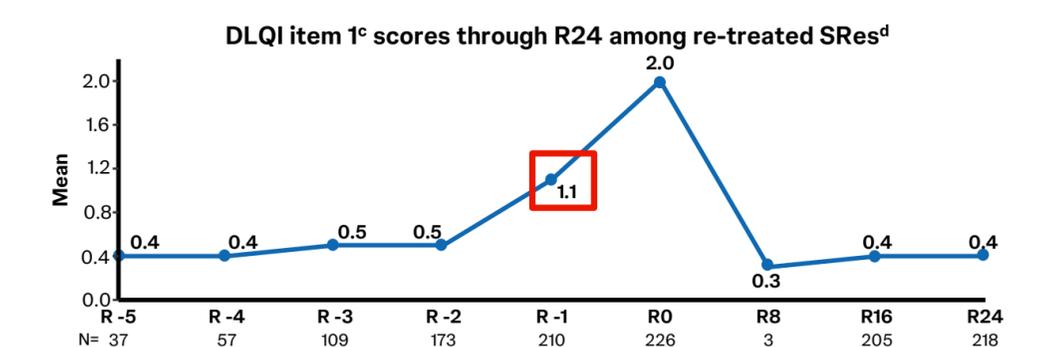
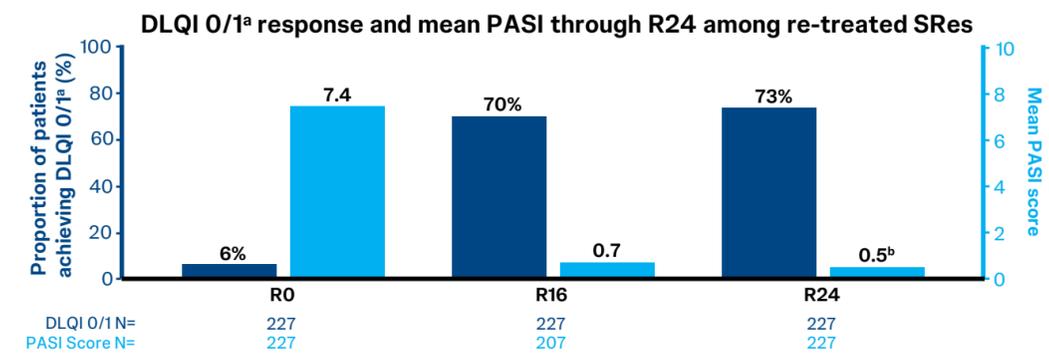
SREs with PASI=0 at W68 had a higher rate of complete skin clearance at R24 than those with PASI >0, despite having generally comparable baseline characteristics

- SREs initiating re-treatment after W92 had higher rates of complete skin clearance and PASI <1 (data not shown) at R24 than those initiating re-treatment at or before W92
- No differences were observed across subgroups for the less stringent PASI<3 response at R24 (data not shown)

PASI=0 achievement at R24 among subgroups of re-treated SREs	n/N (%)	Nominal p-value
Sex		
Male	96/157 (61.1)	0.5717
Female	40/70 (57.1)	
Weight		
≤90 kg	99/163 (60.7)	0.6872
>90 kg	37/64 (57.8)	
BMI		
<26.5 kg/m ²	68/113 (60.2)	0.9353
≥26.5 kg/m ²	68/114 (59.6)	
PSO duration		
SDD (≤2 years)	65/104 (62.5)	0.4631
LDD (>2 years)	71/123 (57.7)	
GUS regimen in GUIDE Part 2		
q8w	65/112 (58.0)	0.5690
q16w	71/115 (61.7)	
PASI at W68		
PASI=0	121/180 (67.2)	<0.0001
PASI>0	15/46 (32.6)	
Re-treatment time point		
≤W92	58/112 (51.8)	0.0125
>W92	78/115 (67.8)	

Quality of life and PASI scores improved rapidly among SREs re-treated with GUS after loss of response following withdrawal

- The proportion of SREs with DLQI 0/1 (no impact of PSO on quality of life) increased rapidly from 6% at R0 to 73% at R24 with GUS re-treatment (top panel)
- SREs with DLQI 0/1 at W68 were more likely to achieve DLQI 0/1 at R24 (79%) compared with those with DLQI >1 at W68 (37%), despite similar proportions with DLQI 0/1 at initiation of re-treatment (R0) in both subgroups (data not shown)
- Mean PASI scores decreased rapidly from 7.4 at R0 to 0.5 at R24 with GUS re-treatment (top panel)
- Itching, pain, and stinging (DLQI Item 1 scores) worsened at R-1 suggesting an impending relapse, but normalized at R8 after 1 dose of GUS retreatment (bottom panel)



^aIndicating no effect of skin disease on patient's quality of life. ^bLast observation carried forward was applied for missing data. ^cDLQI item 1 (Over the last week, how itchy, sore, painful or stinging has your skin been?) range: 0 (Not at all), 1 (A little), 2 (A lot), 3 (Very much). ^dThe regular study visits prior to R0 were termed R-5 (re-treatment minus 5 visits) to R-1 and occurred at the 12-weekly visits between W68 and W220. All re-treated patients are shown cumulatively. Data <W68 were excluded for R-X assessments.

PRESENTED AT: AAD Annual Meeting, March 27-31, 2026; Denver, Colorado, USA. REFERENCES: 1. Eyerich K. *BMJ Open*. 2021;11:e049822. 2. Schäkel K. *J Eur Acad Dermatol Venereol*. 2023;37:2016-27. 3. Eyerich K. *JAMA Dermatol*. 2024;160:953-63. 4. Nast, A. 2025. https://register.awmf.org/assets/guidelines/013_0016_S3_Therapie_Psoriasis_vulgaris_2025-08.pdf. 5. Schäkel K. *EADV 2025 Abstracts*:1909. Medical writing support was provided by JSS Medical Research, Inc. under the direction of the authors in accordance with Good Publication Practice guidelines (*Ann Intern Med*. 2022;175:1298-1304). This study was sponsored by Johnson & Johnson. DISCLOSURES: KA: Advisory board/speaker/clinical trials/grants: AbbVie, Akribes, Almirall-Hermal, Antabio, Bayer, DEKA Biosciences, Emeriti Pharma, Galderma, Incyte, Johnson & Johnson, LEO Pharma, L'Oréal, Novartis, Pierre Fabre, Sanofi Genzyme, and UCB. AP: Advisor/speaker/grants/clinical trials: AbbVie, Almirall-Hermal, Amgen, Biogen Idec, BioNTech, Boehringer Ingelheim, Celgene, Celtrion, Eli Lilly, Galderma, GSK, Hexal, Johnson & Johnson, LEO Pharma, MC2, Medac, Merck Serono, Mitsubishi, MSD, Novartis, Pascoe, Pfizer, Regeneron, Roche, Sandoz Biopharmaceuticals, Sanofi Genzyme, Schering-Plough, Tigercat Pharma, UCB, and Zuellig Pharma. KE: Speaker/advisory board: AbbVie, Almirall-Hermal, Boehringer Ingelheim, Bristol Myers Squibb, Eli Lilly, Hexal, Johnson & Johnson, LEO Pharma, Novartis, Pfizer, Sanofi Genzyme, Sitryx, and UCB. Co-founder/shareholder: Dermagnostix, and Dermagnostix R&D. PW: Advisory board/speaker/clinical trials/grants: AbbVie, Almirall-Hermal, Biogen Idec, Bristol Myers Squibb, Celgene, Eli Lilly, Johnson & Johnson, LEO Pharma, Medac, Novartis, Pfizer, and UCB. CP: Advisory board/speaker/clinical trials/grants: AbbVie, Almirall-Hermal, Amgen, Bristol Myers Squibb, Boehringer Ingelheim, Celgene, Eli Lilly, Johnson & Johnson, LEO Pharma, Merck, Mylan, Novartis, Pfizer, Pierre Fabre, Sanofi Genzyme, and UCB. FT: Owens Taut Science and Service GmbH, a consultancy specializing in clinical development and medical affairs. Consulting fees: Johnson & Johnson. SJ, JS, JM, NS: Employees of Johnson & Johnson; may own stock/stock options in Johnson & Johnson. KS: Advisory board/consultant/speaker/clinical trials/honoraria/grants: AbbVie, Apogee, Aluminis, Amgen, Almirall-Hermal, Biogen Idec, Bristol Myers Squibb, Boehringer Ingelheim, Celgene, Celldex Therapeutics, Chugai, Galderma, Incyte, Johnson & Johnson, LEO Pharma, Eli Lilly, MSD, Morphosys, Nektar Therapeutics, Novartis, Regeneron, Sanofi Genzyme, Smerud, and UCB.