

## WHAT DO THESE RESULTS MEAN FOR INDIVIDUALS WITH LOW BODY SURFACE AREA, **MODERATE PSORIASIS?**

For individuals with low body surface area, moderate psoriasis, the study showed that treatment with guselkumab was effective based on several different measures of skin clearance. On average, study participants experienced 90% clearer skin at Week 48.



## WHAT IS THE PURPOSE OF THIS STUDY?

 The purpose of the study is to evaluate the long-term effectiveness and safety of guselkumab (GUS) in treating moderate psoriasis in patients with low body surface area involvement. The study aims to measure improvements in psoriasis over a period of 48 weeks.



• SPECTREM was a randomized, double-blind, placebo-controlled trial. Participants with moderate psoriasis and low body surface area (BSA) were given either guselkumab or placebo. The drug's efficacy and safety were evaluated over 48 weeks.

### **SPECTREM Study Participants**

**SPECTREM** enrolled people with moderate psoriasis affecting 2-15% of their total body surface area, with lesions affecting ≥1 high-impact site (scalp, face, skin folds, or genitals) that had failed ≥1 topical therapy



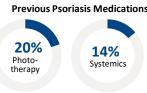
**225** gus

**113**<sub>PBO</sub>

**Baseline Characteristics** 







**Previous PsO Medications** 





7.5% 9.0 Average PASI

100% Topical Therapies

14% Phototherapy

13%

4% Orals

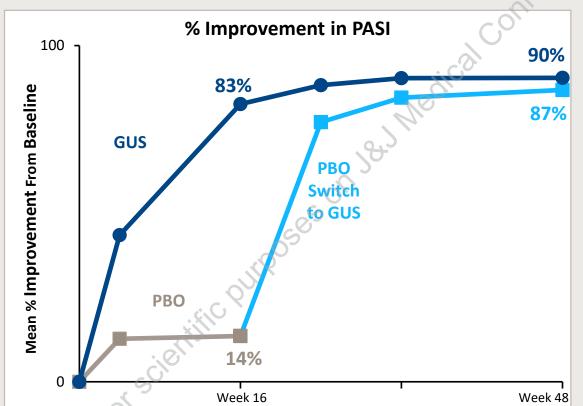
# SPECTREM: Use of BSA x IGA to Evaluate Guselkumab Efficacy Through Week 48 in Participants with Low BSA, Moderate Plaque Psoriasis

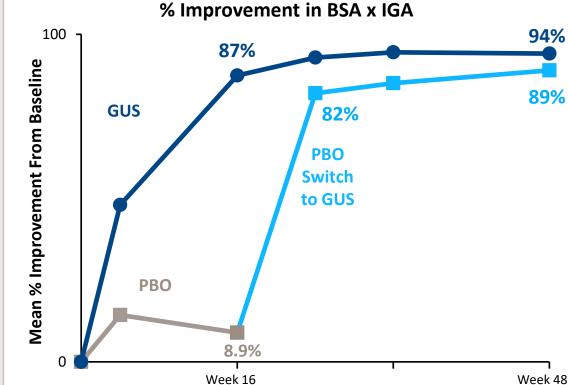
Linda Stein Gold, Richard G. Langley, Theodore Alkousakis, H. Chih-ho Hong, Maxwell Sauder, Vlada Groysman, Jorge Garcia-Zuazaga, Katelyn Rowland, Jenny Jeyarajah,<sup>3</sup> Alice B. Gottlieb,<sup>10</sup> Joseph F. Merola,<sup>11</sup> Bruce Strober<sup>12,13</sup>

<sup>1</sup>Henry Ford Medical Center, West Bloomfield, MI, USA; <sup>2</sup>Division of Dermatology, Department of Medicine, Dalhousie University, Halifax, Nova Scotia, Canada; <sup>3</sup>Johnson & Johnson, Horsham, PA, USA; <sup>4</sup>University of British Columbia, Department of Dermatology and Skin Science, Vancouver, BC, CT, USA; <sup>13</sup>Central Connecticut Dermatology Research, Cromwell, CT, USA

## WHAT WERE THE RESULTS?

• The study showed that treatment with guselkumab was well tolerated and significantly improved psoriasis. Over 70% of participants achieved clear or almost clear skin (IGA 0/1) by Week 16. By Week 48, there were sustained improvements in PASI and BSA x IGA.





PASI improved by 83% from baseline at Week 16; the mean improvement reached 90% by Week 48 reflecting reductions in psoriasis area and symptoms of redness, thickness, and scaling

Improvements in BSA x IGA mirror the improvements seen in PASI. BSA x IGA is an easier way for dermatologists to measure skin clearance when compared to PASI.

## Glossary of terms

Guselkumab An anti-IL-23p19 monoclonal antibody used to treat psoriasis Body Surface A measurement of the percentage of body affected by psoriasis where the area of a patient handprint = 1% BSA A chronic skin condition characterized by red or purple, itchy, and scaly A substance with no therapeutic effect used as a

Investigator's Global A scale used to assess the severity of psoriasis on a scale from 0 (clear) to 4 (severe)

Areas of the body such as the scalp, face, skin

folds, and genitals. When these areas are affected by psoriasis, the disease often has very large negative effects on patients' quality of life.

Psoriasis Area and A tool used to measure the severity and extent of psoriasis on a scale from 0 to 72 PASI 90 means that patients had at least 90% clearer skin.

